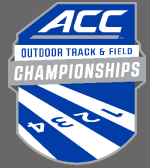




Florida State Track & Field

ACC Outdoor Championships, May 10-12, 2018

Cobb Stadium • University of Miami • Coral Gables, Fla.



@FSU_Track

#ACCOTF

When the #Noles Compete

Thursday, May 10

Time	Event	FSU Entries
11:00 am	Decathlon (100, LJ, SP, HJ, 400)	Newberg
3:00 pm	M Hammer (f)	Tirado
4:30 pm	M High Jump	Knight
6:00 pm	W Pole Vault (f)	Breske
6:20 pm	M 400 Hurdles (p)	Dickens, Charlton
6:35 pm	W 200 (p)	Seymour, Helps, Kirkland
6:55 pm	M 200 (p)	Ewers, Haraway, Gay
7:15 pm	W 1500 (p)	Skyring, Edwards,
7:30 pm	W High Jump (f)	Maczuga, Omoregie, Welsh
7:40 pm	M 1500 (p)	Barney, Callegari, Szogi
7:55 pm	W 10,000 (f)	Landa, Young
8:35 pm	M 10,000 (f)	Cross, Linton

Friday, May 11

11:00 am	Decathlon (110H, DT, PV, JT, 1500)	Newberg
3:00 pm	M Long Jump (f)	Knight, Fisher, Wallace, Grant, Irving
3:30 pm	M Shot Put (f)	Droogsma, Agwu
5:45 pm	W 100 Hurdles (p)	Jones
6:10 pm	M 110 Hurdles (p)	Cunningham, Dickens
6:25 pm	W 400 (p)	Caldwell, Cunningham
6:30 pm	W Shot Put (f)	Grange, Zarankaite
6:40 pm	M 400 (p)	Fearrington, Golson
7:00 pm	W 100 (p)	Seymour, Kirkland, Helps
7:15 pm	M 100 (p)	Ewers, Haraway, Clarke, Gay, Robinson
7:30 pm	W 800 (p)	Skyring, Harris, DeMone
7:45 pm	M 800 (p)	Freire
8:30 pm	M Steeplechase (f)	Hall

Saturday, May 12

12:00 pm	M Javelin (f)	McClain
3:00 pm	W Javelin (f)	Paredes, Maczuga
3:00 pm	M Discus (f)	Droogsma, Agwu, Jones
5:00 pm	W 4x100 Relay (f)	Florida State
5:10 pm	M 4x100 Relay (f)	Florida State
5:20 pm	W 1500 (f)	tbd
5:30 pm	M 1500 (f)	tbd
5:40 pm	W 100 Hurdles (f)	tbd
5:50 pm	M 110 Hurdles (f)	tbd
6:00 pm	W Discus (f)	Love, Zarankaite, Grange
6:00 pm	W 400 (f)	tbd
6:10 pm	M 400 (f)	tbd
6:20 pm	W 100 (f)	tbd
6:30 pm	M 100 (f)	tbd
6:30 pm	M Triple Jump (f)	Wallace, Nevers, Butler, Fisher, Irving
6:40 pm	W 800 (f)	tbd
6:50 pm	M 800 (f)	tbd
7:10 pm	M 400 Hurdles (f)	tbd
7:20 pm	W 200 (f)	tbd
7:30 pm	M 200 (f)	tbd
7:40 pm	W 5000 (f)	Mircheva, Coggins, Hendry
8:05 pm	M 5000 (f)	Hall, Barney, Callegari, Cross, Szogi
8:30 pm	W 4x400 Relay (f)	Florida State
8:40 pm	M 4x400 Relay (f)	Florida State

ACC Network Extra

Thursday (6-9 pm)

<https://noles.co/2FZbSLP>

Friday (5:30-9:30 pm)

<https://noles.co/2wqHn1M>

Saturday (5-9 pm)

<https://noles.co/2jNiz16>

Live Results

<https://noles.co/2lr6qXo>

Storylines for the ACC Outdoor Championships

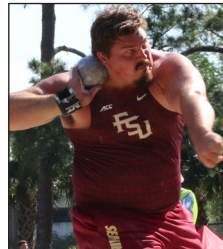
A look at some of the primary storylines for the Florida State men's and women's track & field teams heading into the three-day meet at the University of Miami:

Men

- Senior **Austin Droogsma** is the ACC shot put leader (20.32m/66-8) and the conference indoor champion is hunting the Noles' first outdoor title since 2006;
- Freshman **Trey Cunningham** ranks No. 7 nationally and leads the ACC in the 110-meter hurdles (13.57). He is bidding to become the first freshman to sweep the indoor 60-meter and outdoor 110-meter titles;
- The ACC triple jump leader (16.27m/53-4.5) **Armani Wallace** pulled off the rare triple jump-long jump double to win ACC Field MVP honors in 2017. He ranks No. 7 in the long jump;
- Andre Ewers** is the top seed in the 100 (10.04 w) and 200 (20.05 w) and also runs on the top-ranked 4x100. FSU's Maurice Mitchell (2010) was the last man to win ACC gold in all three;
- After claiming the ACC Indoor title, the Florida State men can pull off the indoor-outdoor double for the ninth time in program history with their 12th outdoor title.

Women

- Senior **Gleneve Grange**, the 2017 ACC Outdoor Field MVP, is the No. 1 seed in the shot put (16.54m/54-3.25) and the No. 6 seed in the discus (51.92m/170-4);
- Freshmen **Ka'Tia Seymour**, the ACC Indoor Track MVP, and **Lauri Paredes**, are the top conference seeds in the 200 (22.75) and javelin (53.50m/175-6), respectively;
- Sophomore **Shanice Love** is FSU's fourth event leader, topping the ACC discus pecking order (57.77m/189-6). Love has won the event in four of five meets this season;
- The Noles boast seven No. 2 seeds: **Seymour** (100), **Shauna Helps** (200), **Courtney Jones** (100 hurdles), **Ieva Zarankaite** (shot put and discus), **Kayla Maczuga** (high jump) and the 4x100 relay;
- Helps** can become the first woman in ACC history to win three consecutive 100-meter dash titles;
- FSU's women are eyeing a third ACC Outdoor title in five years and their third indoor-outdoor title sweep since 2009.



Setting the stage for title runs

The No. 10 Florida State men's track & field team enters the 2018 ACC Outdoor Championships at Miami's Cobb Stadium with an opportunity to set itself apart from the rest of the conference with a title. The Noles have won outright or shared 11 titles since joining the conference in 1992, tying Clemson for the most among current members.

A title would give the Noles the outright lead among the current ACC teams, trailing only Maryland, which won 26 titles between 1954-1981.

FSU head coach Bob Braman, whose nine titles ties him with Clemson's Bob Pollock for second all-time, would trail only all-time leader Jim Kehoe of Maryland (15) with a crown.

Virginia Tech has won back-to-back titles since the Noles strung together a run of three consecutive (2013-15).

Florida State's women enter the meet as the underdog, Defending champion Virginia Tech checks in at No. 21 nationally, followed by No. 22 Miami, the host. The Noles dropped out of the top 25 two weeks ago, but sit at No. 27 in the computer rankings, up two spots from last week.

The women have designs on a fifth ACC outdoor title and their third since 2014, having last claimed the crown in 2016.

Braman is tied with Hokies' coach Dave Cianelli for the lead among active coaches with three titles each and an FSU win would move him to No. 2 all-time behind Dennis Craddock (17).

After sweeping the men's and women's indoor titles, FSU can notch its third indoor-outdoor championship sweep in program history. They last did it in 2014 and notched their first in 2009, which the ACC Outdoor meet was also at Miami.

Florida State ACC Travel Rosters

Men				
Name	Pronunciation	Year	Event	Hometown
Noah Agwu	Ahg-woo	So.	Discus	Wilmington, Del.
David Barney		Grad	1500/5000	Lynchburg, Va.
Michael Callegari	Cal-eh-gary	Sr.	1500/5000	Borehamwood, Great Britain
D'Mitry Charlton	Duh-mee-tree	R-Jr.	400 Hurdles/4x400	Nassau, Bahamas
Edward Clarke		Jr.	100/4x100	Kingston, Jamaica
Steven Cross		R-Fr.	10,000/5000	Merritt Island, Fla.
Trey Cunningham		Fr.	110 Hurdles/4x400	Winfield, Ala.
Tye Dickens		Fr.	110 Hurdles/400 Hurdles/4x400	Tallahassee, Fla.
Austin Droogsma	Drewgs-muh	R-Sr.	Shot Put/Discus	Gulf Breeze, Fla.
Andre Ewers	You-errs	Jr.	100/200/4x100	Lauderhill, Fla.
Kyle Fearrington		Soph.	400/4x400	Tarpon Springs, Fla.
Kenneth Fisher		Grad	Long Jump/Triple Jump	East Point, Ga.
Bert Freire	Free-air-ee	R-Fr.	800	Miami, Fla.
Darryl Gay		Fr.	100/200/4x100	Orlando, Fla.
Calvin Golson	Goal-sun	Fr.	400/4x400	Miramar, Fla.
Keniel Grant	Ken-kneel	Sr.	Long Jump/4x100	Brampton, Canada
Michael Hall		R-Jr.	3000 Steeplechase/5000	Cincinnati, Ohio
Darryl Haraway	Hair-uh-way	Jr.	100/200/4x100	Upper Marlboro, Md.
Jacore Irving		Fr.	Long Jump/Triple Jump	Chattahoochee, Fla.
Fred Jones		R-Jr.	Discus	Miami, Fla.
Corion Knight		Sr.	Long Jump/High Jump	Crawfordville, Fla.
Stanley Linton		Grad	10,000	Crawfordville, Fla.
Conor McClain		R-So.	Javelin	Rockaway, N.J.
Montel Nevers		Sr.	Triple Jump	Nottingham, Great Britain
Dante Newberg	Dahn-tay	Jr.	Decathlon	Tampa, Fla.
Raheem Robinson		Jr.	100/4x100	Kingston, Jamaica
Istvan Szogi	Isht-vahn Szo-gee	R-Jr.	1500/5000	Tata, Hungary
Brandon Tirado	Tur-rah-doe	R-Jr.	Hammer	Naples, Fla.
Armani Wallace		Jr.	Triple Jump/Long Jump	Orlando, Fla.

Women				
Name	Pronunciation	Year	Event	Hometown
Nicole Breske	Bress-key	So.	Pole Vault	Winter Park, Fla.
Janae Caldwell	Juh-nay	So.	400/4x400	Riverview, Fla.
Addi Coggins		Fr.	5000	Franklin, Tenn.
Kimmie Cunningham		Fr.	400/4x400	Sanford, Fla.
Ginelle DeMone	Deh-moan	So.	800	LeDuc, Canada
Emily Edwards		Sr.	1500	Cape Coral, Fla.
Gleneve Grange		R-Sr.	Discus/Shot Put	Kingston, Jamaica
Madison Harris		R-Jr.	800/4x400	Ochlockonee Bay, Fla.
Shauna Helps		Jr.	100/200/4x100/4x400	Belvedere, Jamaica
Hailey Hendry		SO.	5000	Brentwood, Tenn.
Cortney Jones		So.	100H/4x100	Conyers, Ga.
Jayla Kirkland		Fr.	100/200/4x100/4x400	Birmingham, Ala.
Mackenzie Landa		Jr.	10,000	San Dimas, Calif.
Shanice Love	Shuh-neece	So.	Discus	Kingston, Jamaica
Kayla Maczuga	Mack-zoo-gah	R-So.	Javelin/High Jump	Tampa, Fla.
Militsa Mircheva	Mill-its-uh Mer-cheh-vuh	Jr.	5000	Dobrich, Bulgaria
Olivia Ogles		R-Fr.	4x100	Bradenton, Fla.
Eleonora Omoregie	El-ee-oh-nor-ah O-mor-reg-ee	So.	High Jump	Udine, Italy
Lauri Paredes	I-OW-ree Par-ray-dees	Fr.	Javelin	Villa Elisa, Paraguay
Ka'Tia Seymour	Kay-tee-uh	Fr.	100/200/4x100/4x400	Palatka, Fla.
Maudie Skyring	Maw-dee	So.	800/1500	Wollongong, Australia
Hannah Welsh		Grad	High Jump	Dunedin, Fla.
Forever Young		R-Jr.	10,000	Daytona Beach, Fla.
Ieva Zarankaite	Yeh-vuh Zare-en-kite	Grad	Discus/Shot Put	Utena, Lithuania



FLORIDA STATE
UNIVERSITY

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2018 Outdoor Season Performance List

MEN'S PERFORMANCES

100 METER DASH

Athlete	PB	SB	Rankings A/E/N
Andre Ewers	10.13	10.04w	1/3/3
Darryl Haraway	10.20	10.32	4/29/45
Edward Clarke	10.34	10.44	9/69/-
Darryl Gay	10.58	10.58	17/-/-
Raheem Robinson	10.37	10.64	23/-/-

200 METER DASH

Andre Ewers	20.62	20.05w	1/2/2
Darryl Haraway	21.04	21.29	16/-/-
Darryl Gay	21.35	21.35	20/-/-

400 METER DASH

Kyle Fearington	46.79	46.96	6/33/76
Calvin Golson	47.75	47.75	15/-/-

800 METER RUN

Bert Freire	1:50.83	1:50.83	13/72/-
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1500 METER RUN

David Barney	3:46.09	3:46.27	15/71/-
Michael Callegari	3:44.02	3:48.57	26/-/-
Istvan Szogi	3:49.19	3:51.70	36/-/-

5000 METER RUN

Michael Hall	14:07.77	14:07.77	13/48/
David Barney	14:12.23	14:17.45	17/70/-
Michael Callegari	13:55.27	14:18.15	20/75/-
Steven Cross	14:21.33	14:28.04	30/-/-
Istvan Szogi	14:11.35	14:29.47	-/-/-

10,000 METER RUN

Steven Cross	29:31.22	29:53.78	12/53/-
Stanley Linton	29:56.34	29:56.34	14/56/-

110 METER HURDLES

Trey Cunningham	13.57	13.57	1/6/7
Tyricke Dickens	13.98	13.98	5/30/

400 METER HURDLES

Tyricke Dickens	52.66	52.66	7/54/-
D'Mitry Charlton	52.81	54.65	17/-/-

3000 STEEPLECHASE

Michael Hall	8:55.82	8:55.82	4/16/
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HIGH JUMP

Corion Knight	2.20 (7-2.5)	2.20 (7-2.5)	2/11/15
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LONG JUMP

Corion Knight	7.85 (25-9.25)	7.85 (25-9.25)	2/11/18
Kenneth Fisher	7.75 (25-5.25)	7.75 (25-5.25)	3/15/26
Armani Wallace	7.57 (24-10)	7.50 (24-7.25)	7/45/88
Keniel Grant	7.75 (25-5.25)	7.45 (24-5.5)	9/54/-
Jacore Irving	7.10 (23-3.5)	7.10 (23-3.5)	19/-/-

TRIPLE JUMP

Armani Wallace	16.32 (53-6.5)	16.25 (53-3.75)	1/4/7
Montel Nevers	16.14 (52-11.5)	15.99 (52-5.5)	3/10/19
Kenneth Fisher	15.35 (50-4.5)	15.29 (50-2)	9/41/80
Jacore Irving	13.34 (43-9.25)	14.61 (47-11.25w)	16/-/-

SHOT PUT

Austin Droogsma	20.32 (66-8)	20.32 (66-8)	1/2/5
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DISCUS

Austin Droogsma	57.13 (187-5)	57.13 (187-5)	4/16/26
Noah Agwu	53.72 (176-3)	53.72 (176-3)	7/31/72
Fred Jones	51.04 (167-5)	50.31 (165-1)	15/80/-

HAMMER

Brandon Tirado	61.58 (202-0)	61.58 (202-0)	4/36/66
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JAVELIN

Conor McClain	59.75 (196-0)	56.87 (186-7)	13/-/-
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DECATHLON

Dante Newberg	7113	nm	-/-
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4x100 RELAY

Florida State		39.52	1/8/15
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4x400 RELAY

Florida State		3:15.96	10/-/-
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WOMEN'S PERFORMANCES

100 METER DASH

Athlete	PB	SB	Rankings A/E/N
Ka'Tia Seymour	11.24	11.24	2/12/20
Jayla Kirkland	11.41	11.46	10/39/65
Shauna Helps	11.26	nt	-/-

200 METER DASH

Ka'Tia Seymour	22.75	22.75	1/9/11
Shauna Helps	22.97	22.97	2/15/25
Jayla Kirkland	23.15	23.51	9/48/95

400 METER DASH

Janae Caldwell	54.20	55.39	20/-/-
Kimmie Cunningham	56.14	nt	-/-

800 METER RUN

Ginelle DeMone	2:08.70	2:09.73	17/-/-
Madison Harris	2:07.57	2:09.88	18/-/-

1500 METER RUN

Maudie Skyring	4:20.82	4:20.82	8/31/59
Emily Edwards	4:27.34	4:27.34	23/-/-

5000 METER RUN

Miitsa Mircheva	16:10.96	16:10.96	8/20/53
Addi Coggins	16:57.90	16:57.90	17/-/-
Hailey Hendry	17:22.80	17:22.80	42/-/-

10,000 METER RUN

Mackenzie Landa	35:03.53	nt	-/-
Forever Young	nt	nt	-/-

100 METER HURDLES

Cortney Jones	13.03	13.03	2/9/18
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POLE VAULT

Nicole Breske	4.02 (13-2.25)	4.00 (13-1.5)	10/40/78
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HIGH JUMP

Kayla Maczuga	1.73 (5-8)	1.73 (5-8)	2/40/93
Eleonora Omoregie	1.82 (5-11.5)	1.70 (5-7)	5/64/-
Hannah Welsh	1.69 (5-6.5)	1.67 (5-5.5)	12/-/-

SHOT PUT

Geneve Grange	17.29 (56-8.75)	16.54 (54-3.25)	1/7/22
Ieva Zarankaite	16.32 (53-6.5)	16.32 (53-6.5)	2/8/28

DISCUS

Shanice Love	57.77 (189-6)	57.77 (189-6)	1/1/10
Ieva Zarankaite	57.15 (187-6)	57.15 (187-6)	2/3/12
Geneve Grange	57.02 (187-1)	51.92 (170-4)	6/25/62

JAVELIN

Lauri Paredes	54.86 (180-0)	53.50 (175-6)	1/6/11
Kayla Maczuga	44.57 (146-2)	44.57 (146-2)	4/51/-

4x100 RELAY

Florida State		44.16	2/9/15
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4x400 RELAY

Florida State		3:41.39	10/50/-
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Key:

PB - Personal-Best (only wind-legal marks)

SB - Season-Best

Rankings A/E/N - ACC/East Prelim/NCAA

nt - no time

nm - no mark

Coaching Staff

Bob Braman	Head Coach (M&W)/Men's Distance
Brandon Hon	Director of Sprints, Hurdles & Relays
Dorian Scott	Director of Field Events/Throws
Kelly Phillips	Women's Distance
Ricky Argro	Assistant Coach/Men's Sprints
Keith Herston	Assistant Coach/Jumps & Multis
Chelsea Whalen	Grad Assistant/Throws
Skyler Willis	Grad Assistant/Sprints, Hurdles & Relays
Aniis Hopkins	Volunteer Coach/Jumps & Multis
Terry Long	Volunteer Coach/Distance
Stefan Brits	Volunteer Coach/Jumps & Men's Sprints
Kellion Knibb	Volunteer Coach/Throws
Dennis Nobles	Coach Emeritus

Support Staff

David Beauchem	Director of Operations
Bernie Waxman	Associate AD/Sport Oversight
Gwendolyn Davis	Athletic Trainer
Justin Garrard	Operations Asst./Women's Distance
Cassie Graves	Operations Asst./Women's Distance
Griff Graves	Operations Asst./Men's Distance
Myra Hawkins	Operations Asst./Women's Sprints & Hurdles
Jacques Toussaint	Operations Asst./Men's Sprints
Paul Conner	Student Assistant
Armand Daigle	Grad Asst. Athletic Trainer
Kyra Shaw	Grad Asst. Athletic Trainer
Jake Schuster	Strength & Conditioning
Christina Bernal	Strength & Conditioning
Bethany Kloster	Massage Therapist
Robin Rogers	Massage Therapist
Bob Thomas	Assoc. Sports Information Director
D'Andrea Seymour	Videographer, Seminoles.com

ACC Championship Notes

Indoor title formula worth repeating

FSU's sweep of the ACC Indoor titles revolved around huge scoring contributions from the sprints and field events, which are two areas where the Noles have been equally successful outdoors.

On the men's side, the Noles boast four of the top nine seeds in both the long jump and triple jump, including ACC triple jump leader Armani Wallace. Buoyed by a 1-4 long jump sweep indoors, FSU scored 41 points alone. Corion Knight is the No. 2 seed in both the high jump and long jump, and combined for 12 points in those events indoors. Indoor shot put champ Austin Droogsma is also the favorite outdoors, and is one of two projected scorers in the discus.

The Seminoles won the ACC Indoor 60 (Edward Clarke) and 200 (Andre Ewers) titles as well, totaling 22 points in those events, along with 10 more from Trey Cunningham in the 60-meter hurdles. Ewers is the 100-200 favorite, as is Cunningham in 110 hurdles. FSU's men are also the favorite in the 4x100 relay.

FSU's women were a force in the ACC Indoor sprints behind Track MVP Ka'Tia Seymour, Jayla Kirkland and Shauna Helps. Those three combined for 41 points between the 60 and 200 dashes, while Cortney Jones added eight more as the 60 hurdles. Seymour and Helps are seeded 1-2 in the 200 outdoors. Seymour is the No. 2 seed in the 100, but Helps the two-time defending champion, does not have a time in the event this season. Kirkland, the 60-meter champ, is seeded outside the scoring but is at full strength for the first time this season for 100-200 double, in addition to contributing to the second-seeded 4x100.

The Noles women will also benefit from more throwing events outdoors after a 1-2 shot put finish for 18 clinching points at the Indoor Championships. Gleneve Grange and Ieva Zarankaite are the top seeds in the shot put and join discus favorite Shanice Love among projected All-ACC scoring performers. As an added bonus freshman Lauri Paredes will make her ACC Championships debut as the javelin favorite. Kayla Maczuga is the No. 4 seed in the javelin and the No. 2 seed in the high jump, ahead of teammate and defending champion Eleonora Omoregie.

Noles have piled up weekly honors

The 2018 Outdoor season has provided the Noles with a bountiful haul of ACC Weekly Awards as FSU athletes have combined for a league-high 11 Performer of the Week winners, which leads all schools:

- FSU shares the ACC lead with five weekly winners on the women's side, including three different Women's Field Performer of the Week honors;
- Lauri Paredes (javelin), Shanice Love (discus) and Kayla Maczuga (javelin/high jump) have accounted for the Women's Field Performer of the Week honors;

- Freshman sprinter Ka'Tia Seymour is a two-time Track Performer honoree;
- A trio of men - Steven Cross, Trey Cunningham and Andre Ewers - claimed Track Performer of the Week honors;
- Austin Droogsma is a two-time Field Performer of the Week, while Corion Knight also grabbed a weekly honor.

Newcomers abound at ACC Outdoors

The Noles arrive in Miami with rosters of 30 men and 24 women, and from that combined group of 54, 25 will be making their ACC Outdoor Championships debut. A closer look inside that number reveals:

- That the Seminole women will be counting a lot of first-timers at the meet as 11 of 24 will be making their big stage debuts outdoors;
- Don't mistake that figure for a lack of experience because ACC Indoor scoring contributors Ka'Tia Seymour, Jayla Kirkland, Ieva Zarankaite, Maudie Skyring and Emily Edwards;
- The newcomer Noles men count is 14 out of 30 but includes the likes of top seeds Andre Ewers, Trey Cunningham and ACC Indoor scorers Corion Knight and Kenneth Fisher.

Noles feature diverse rosters

It's unlikely that any other ACC program boasts the same kind of roster diversity that can be found among the Florida State men and women competing this weekend in Miami:

- From the group of 54, 11 different countries, including the United States are represented;
- The Noles are made up of student-athletes from Jamaica, Bahamas, Australia, Bulgaria, Italy, Lithuania, Great Britain, Hungary, Canada and Paraguay;
- In all, 17 of the 54 athletes competing in the meet are international, with Jamiaca leading the way with five;
- The 37 U.S. native Noles hail from 10 states, including a whopping 25 from Florida. The other states represented include Alabama, Georgia, California, Delaware, Ohio, Maryland, New Jersey, Virginia and Tennessee.

ACC Outdoor Championship Noles by the Numbers

As Florida State prepares to embark on its 27th ACC Outdoor Track & Field Championships, here's a look at the Seminoles' rich history at the meet by the numbers:

484 Combined All-ACC honors for the Noles through 26 seasons of ACC membership. That ties Clemson, an ACC school since 1954, for the most combined All-ACC performers in conference history. North Carolina, another charter member of the ACC, is third (455).

114/97/17 FSU's **men** have won a combined 114 ACC Outdoor Championships event titles, including 97 individual events and 17 relays.

97/83/14 FSU's **women** have won 97 combined ACC event and relay titles including 83 individual events and 14 relays.

10 Combined ACC Men's Coach of the Year honors won by Terry Long (3) and Bob Braman (7).

4 Combined ACC Coach of the Year honors won by Bob Braman (3) and Terry Long (1)

10 ACC gold medals won by Maurice Mitchell; four individual events and six as a member of relay teams.

7 ACC Outdoor Championship gold medals won by Kimberly Williams - 4 triple jump, 3 long jump.

14 Seminole men have won 14 ACC long jump titles - by 11 different men - which is more than any other event.

13 ACC Championship meet records currently held by Noles, including eight men and five women. The record-setters are: **Men** - Ngoni Makusha (100); Ciaran O'Lionaird (1500 & 5000); Shawn Brown (high jump); Stefan Brits (long jump); Jeff Bray (pole vault); Gonzalo Barroilhet (decathlon) and the 4x100 relay. **Women** - Shauna Helps (100), Kimberly Williams (triple jump), Der'Renae Freeman (long jump), Kellion Knibb (discus) and Lacy Janson (pole vault).

5x3 FSU's Maurice Mitchell (200), Ricardo Chambers (400), Tom Lancashire (1500), Joep Tigchelaar (10,000) and Jeff Bray (pole vault) each won three ACC titles in their specialty events.

3x4 Kellion Knibb (discus), Kimberly Williams (triple jump) and Lacy Janson (pole vault) each won four ACC titles in their respective events.

5 ACC Championship Men's Most Valuable Track Performer Awards by the Noles men since 2010: 3 by Maurice Mitchell and 2 by Dentarius Locke.

Men's ACC Yearly Results

1993		2000		2006		2011		2016	
Clemson	181	Clemson	179.33	Florida State	161	Florida State	174.5	Virginia Tech	129
North Carolina	158	Florida State	132	Clemson	119	Virginia Tech	153.5	NC State	93
NC State	126.5	NC State	117	Wake Forest	106	North Carolina	112.5	Virginia	80
Florida State	112.5	North Carolina	111	Virginia	88	Clemson	89	Florida State	72
Georgia Tech	67	Georgia Tech	81.67	North Carolina	85	Duke	86.5	North Carolina	72
Wake Forest	65	Wake Forest	81	NC State	60	Virginia	67	Louisville	61.5
Virginia	45	Duke	45	Virginia Tech	58	NC State	50	Clemson	61
Maryland	17	Virginia	44	Georgia Tech	52.5	Wake Forest	38	Miami	58
Duke	5	Maryland	21	Miami	39	Miami	21	Syracuse	48
1994		2001		Maryland	23.5	Maryland	20	Pittsburgh	43
North Carolina	168	Clemson	189	Duke	23	Georgia Tech	5	Notre Dame	32
Florida State	164	Florida State	183	Boston College	3	Boston College	DNS	Wake Forest	27
Clemson	127	Virginia	108	2007		2012		Duke	26.5
NC State	105	North Carolina	97.5	Florida State~	166.5	Virginia Tech	153.5	Georgia Tech	15
Virginia	79	Wake Forest	84.5	Clemson	118	Florida State	149	Boston College	DNS
Georgia Tech	78	NC State	84.5	NC State	99.5	Virginia	113	2017	
Wake Forest	35	Georgia Tech	44	Virginia	81	North Carolina	94.5	Virginia Tech	120
Maryland	11	Duke	22.5	North Carolina	77	Clemson	78	Virginia	119
Duke	5	Maryland	12	Georgia Tech	71	Duke	59	Florida State	104
1995		2002		Maryland Tech	57	NC State	58	NC State	78
North Carolina	164	Florida State	201.5	Virginia	44	Maryland	31	Louisville	64
Wake Forest	133	Clemson	158	Wake Forest	35	Wake Forest	28	Clemson	61
Clemson	124.5	North Carolina	118	Miami	30	Georgia Tech	26	North Carolina	55
Florida State	98	NC State	103	Duke	29	Miami	22	Duke	53
NC State	85	Georgia Tech	81	Boston College	4	Boston College	4	Syracuse	50
Virginia	61	Virginia	67.5	2008		2013		Pittsburgh	34
Georgia Tech	54	Wake Forest	63	Florida State	141	Florida State	149	Georgia Tech	25
Duke	36	Maryland	17	Clemson	124	Virginia Tech	138	Notre Dame	23
Maryland	15.5	Duke	10	NC State	96.5	Clemson	114	Wake Forest	22
1996		2003		Virginia	94.5	North Carolina	113	Miami	9
NC State	196.5	Florida State	202	North Carolina	93	Duke	66	Boston College	DNS
North Carolina	152	Clemson	166	Virginia Tech	67	Virginia	63		
Clemson	146	North Carolina	98	Georgia Tech	66	Georgia Tech	53		
Florida State	110	NC State	94	Maryland	54	NC State	39		
Georgia Tech	75.5	Georgia Tech	94	Miami	36	Miami	36		
Wake Forest	51	Virginia	73.5	Duke	36	Wake Forest	26		
Maryland	34	Wake Forest	45.5	Wake Forest	7	Maryland	13		
Virginia	29	Duke	41	Boston College	DNS	Boston College	2		
Duke	21	Maryland	2	2009		2014			
1997		2004		Florida State	141	Florida State	113		
Clemson	216	Clemson	224	Virginia	141	North Carolina	110		
North Carolina	174	Florida State	176	Virginia Tech	130	Notre Dame	88		
NC State	125.5	North Carolina	104	Georgia Tech	81	Duke	81		
Florida State	82.5	Georgia Tech	103	North Carolina	72	Virginia Tech	78		
Georgia Tech	59.5	NC State	81	Clemson	69	Syracuse	72		
Wake Forest	50	Virginia	53	Duke	61	Pittsburgh	58		
Duke	39.5	Wake Forest	34	Wake Forest	45	Virginia	53		
Virginia	37	Duke	23	Miami	40	Miami	44		
Maryland	28	Maryland	20	Maryland	22	NC State	32		
1998		2005		Boston College	9	Clemson	31		
Clemson	194	Florida State	222.5	NC State	7	Georgia Tech	22		
North Carolina	178	Clemson	151	2010		Wake Forest	21		
NC State	123	North Carolina	81.5	Florida State	138.5	Maryland	14		
Florida State	106.33	Virginia	80	Virginia Tech	130	Boston College	DNS		
Georgia Tech	82.33	Georgia Tech	65	Virginia	125	2015			
Virginia	51	Virginia Tech	60	North Carolina	117.5	Florida State	136		
Wake Forest	44.33	NC State	47	Clemson	75.5	Virginia	100		
Duke	25	Wake Forest	46	Wake Forest	60	Virginia Tech	98		
Maryland	15	Maryland	32	Georgia Tech	48.5	Clemson	89		
1999		Duke	27	Duke	38	North Carolina	67		
North Carolina	178	Miami	5	NC State	37	Duke	53		
Clemson	157.5			Miami	28	Syracuse	51		
Wake Forest	108.5			Maryland	18	Louisville	40		
NC State	98.5			Boston College	10	Notre Dame	37		
Florida State	90.5					Pittsburgh	37		
Virginia	57					Miami	36		
Georgia Tech	55					NC State	33		
Duke	50					Georgia Tech	22		
Maryland	24					Wake Forest	18		
						Boston College	DNS		

~Participation in 2007 championship vacated by the NCAA Committee on Infractions

Women's ACC Yearly Results

1992

North Carolina	171
Clemson	164
Virginia	146
Florida State	95
Georgia Tech	75
Wake Forest	40
Maryland	28
NC State	15
Duke	5

1993

North Carolina	198
Clemson	127
Virginia	122
Florida State	110.50
Wake Forest	92
Georgia Tech	47.50
Maryland	18
NC State	13
Duke	8

1994

North Carolina	242
Virginia	136
Florida State	115
Clemson	110
Georgia Tech	55
Wake Forest	49
Maryland	15
NC State	11
Duke	8

1995

North Carolina	199
Virginia	118
Clemson	116
Florida State	104
Wake Forest	87
Maryland	44
Georgia Tech	41
Duke	13
NC State	12

1996

North Carolina	186
Florida State	148
Virginia	132
Clemson	112
Wake Forest	58
NC State	45
Georgia Tech	44
Duke	29
Maryland	24

1997

North Carolina	199
Florida State	134.50
Clemson	110
Virginia	90.50
NC State	76
Georgia Tech	69
Maryland	43
Wake Forest	34
Duke	11

1998

North Carolina	187
Clemson	148
Florida State	97.50
Georgia Tech	97
NC State	78
Wake Forest	59
Virginia	54.50
Maryland	53
Duke	41

1999

Clemson	142.50
Florida State	126.50
North Carolina	114
Virginia	111.50
Maryland	95
Georgia Tech	85
Wake Forest	66
NC State	58.50
Duke	17

2000

Florida State	192
North Carolina	183
Maryland	86.50
Virginia	86
NC State	60.50
Georgia Tech	60
Clemson	57
Wake Forest	54
Duke	39

2001

North Carolina	181
Clemson	167
Florida State	116
Virginia	109
Georgia Tech	76
Maryland	66
NC State	40
Wake Forest	34
Duke	30

2002

North Carolina	176.50
Florida State	128
Georgia Tech	127
NC State	99.50
Clemson	99
Virginia	92
Maryland	49
Wake Forest	29
Duke	18

2003

North Carolina	238
Florida State	157
Virginia	138
Clemson	73
Georgia Tech	64
NC State	51
Wake Forest	43
Duke	33
Maryland	21

2004

North Carolina	186.50
Georgia Tech	146
Florida State	130
NC State	89
Wake Forest	70
Clemson	69
Virginia	51.50
Duke	46
Maryland	28

2005

Miami	142
North Carolina	122
Georgia Tech	112
Florida State	82
NC State	67
Clemson	62.50
Virginia	59
Duke	54.50
Virginia Tech	48.50
Wake Forest	40
Maryland	28.50

2006

Miami	154
Florida State	112
North Carolina	105
Georgia Tech	86
Virginia Tech	73.50
Virginia	56.50
Duke	51
Maryland	51
NC State	47
Clemson	40
Wake Forest	24
Boston College	19

2007

Virginia Tech	144.50
Miami	113
Florida State~	101
Georgia Tech	82
North Carolina	77
Virgina	69
Wake Forest	54
Clemson	47.50
Duke	45
NC State	38
Maryland	30
Boston College	18

2008

Virginia Tech	172
Miami	127
North Carolina	115
Florida State	105.50
Virginia	92
Georgia Tech	40
Clemson	39.50
Boston College	39
Maryland	28
Wake Forest	28
NC State	21
Duke	11

2009

Florida State	160
Virginia Tech	127
North Carolina	123
Virgina	74
Miami	69
Georgia Tech	55.50
NC State	52.50
Clemson	44
Wake Forest	35
Maryland	35
Duke	33
Boston College	8

2010

Clemson	177
Florida State	124
North Carolina	89
Miami	84
Duke	61
Virginia Tech	56
Georgia Tech	54.50
Virginia	43
Maryland	40
Wake Forest	31
Boston College	31
NC State	28.50

2011

Clemson	202
Florida State	132.5
North Carolina	117.5
Duke	81.5
Virginia	62.5
Miami	57
Virginia Tech	53.5
NC State	39.5
Maryland	34
Georgia Tech	19
Boston College	15
Wake Forest	3

2012

Clemson	185
Virginia	100
Florida State	75
Virginia Tech	74
Duke	74
North Carolina	69
Miami	61
NC State	58
Maryland	49
Georgia Tech	32
Boston College	26
Wake Forest	14

2013

Clemson	151
Florida State	146
NC State	82
Duke	76
Virginia	76
North Carolina	66
Virginia Tech	56
Maryland	48.5
Wake Forest	32.5
Georgia Tech	29
Miami	27
Boston College	25

2014

Florida State	111
Notre Dame	96
Miami	94
Duke	77
NC State	73
Virginia Tech	69
Virginia	60
North Carolina	55
Clemson	43
Maryland	40
Syracuse	36
Wake Forest	23
Pittsburgh	19
Georgia Tech	15
Boston College	5

2015

Clemson	113.5
Florida State	94.5
Miami	93
North Carolina	78.5
Notre Dame	72
Louisville	61
NC State	59
Duke	51
Virginia	48.5
Syracuse	33
Virginia Tech	32
Wake Forest	31
Pittsburgh	21
Boston College	19
Georgia Tech	11

2016

Florida State	106.5
Miami	88
Clemson	85
Virginia	77
Notre Dame	69
Duke	66
NC State	56
Louisville	47
Virginia Tech	45.1
North Carolina	42.4
Syracuse	33
Wake Forest	30
Pittsburgh	29
Boston College	26
Georgia Tech	19

2017

Virginia Tech	124.5
Florida State	118.5
Miami	108
Clemson	95
Duke	77.5
Louisville	62
Notre Dame	53
Virginia	36.5
NC State	31
Wake Forest	28.5
Syracuse	25
Georgia Tech	19
Pittsburgh	19
North Carolina	18.5
Boston College	1

~Participation in 2007 championship vacated by the NCAA Committee on Infractions

ACC Men's Outdoor Champions & Awards

100-METER DASH

1994 Jonathan Carter
2003 Craphonso Thorpe
2005 Walter Dix
2010 Maurice Mitchell
2011 **Ngoni Makusha (9.97)***
2012 Kemar Hyman
2013 Dentarius Locke
2014 Dentarius Locke

200-METER DASH

2003 Craphonso Thorpe
2004 Brian Dzingai
2005 Walter Dix
2007 Walter Dix
2008 Charles Clark
2009 Charles Clark
2010 Maurice Mitchell
2011 Maurice Mitchell
2012 Maurice Mitchell

400-METER DASH

2004 Sean Campbell
2005 Ricardo Chambers
2006 Ricardo Chambers
2007 Ricardo Chambers
2010 Kevin Borlee
2011 Brandon O'Connor
2013 James Harris
2015 Michael Cherry

800-METER RUN

2001 Maarten van den Heuvel
2002 Sean Campbell
2005 Tom Lancashire
2014 Otniel Teixeira

1500-METER RUN

2002 Maarten van den Heuvel
2003 Maarten van den Heuvel
2005 Tom Lancashire
2006 Tom Lancashire
2007 Tom Lancashire
2011 **Ciaran O'Lionaird (3:40.69)***

5000-METER RUN

2005 Andrew Lemoncello
2011 **Ciaran O'Lionaird (13:52.11)***

10,000-METER RUN

2002 Joep Tigchelaar
2003 Joep Tigchelaar
2004 Joep Tigchelaar
2005 Andrew Lemoncello
2009 Steeve Gabart
2012 Breandan O'Neill
2013 Breandan O'Neill

3000-METER STEEPLECHASE

2006 Andrew Lemoncello
2007 Andrew Lemoncello
2008 Luke Gunn
2013 Zak Seddon

110-METER HURDLES

1994 Phillip Riley
1996 Phillip Riley
2008 Drew Brunson

400-METER HURDLES

1993 John Rothell
2001 Matt Mason

2002 Byron Taylor
2003 Danyne Brown
2005 Elliott Wood
2009 Javier Garcia-Tunon

4x100 RELAY

2005 Argro, O'Neal, Dix, Nabe
2007 **Bolden, Dix, Garvin, Clark (38.78)***
2009 Williams, Byram, Mitchell, Clark
2010 Ambler, Byran, Mitchell, Chibudu
2011 Ambler, Makusha, Mitchell, Hyman
2012 Hyman, Williams, Mitchell, Ambler
2013 Russell, Locke, Brits, Harris
2014 Franklin, Locke, Ramsey, Harris
2015 Ramsey, Greene, Williams, Friday

4x400 RELAY

1999 Martin, Smith, Williams, Jennings
2000 Williams, Smith, Jennings, Martin
2001 Martin, Campbell, Mason, Jennings
2004 Cromartie, Paiva, Curry, Campbell
2005 Johnson, Curry, Wood, Chambers
2008 Williams, Garvin, Clark, Byram
2009 Williams, Clark, Mitchell, O'Connor
2010 Navarette, Gibson, Mitchell, K. Borlee

HIGH JUMP

1992 Kevin Crist
2001 **Shawn Brown (7-4.25/2.25m)***
2014 James Harris

LONG JUMP

1992 James Milton
1999 Zyris Hill
2000 Joe Allen
2001 Joe Allen
2002 Kolby Jones
2006 Rafeeq Curry
2008 Ngoni Makusha
2010 Brian Chibudu
2011 Ngoni Makusha
2012 Paul Madzivire
2013 Stefan Brits
2015 Jalen Ramsey
2016 **Stefan Brits (26-11.75/8.22m)***
2017 Armani Wallace

TRIPLE JUMP

1992 Kelsey Nash
2001 Joe Allen
2002 Mario Lowe
2005 Rafeeq Curry
2006 Rafeeq Curry
2017 Armani Wallace

POLE VAULT

1992 **Jeff Bray (18-6.50/5.65m)***
1993 Jeff Bray
1994 Jeff Bray
2003 Jeff Atkinson
2007 Matt Hurley

SHOT PUT

1994 Ryan Carson
2003 Garrett Johnson
2005 Dorian Scott
2006 Garrett Johnson

DISCUS

2001 Marquis Johnson
2011 Michael Putman

2012 Jeff Pelage

JAVELIN

1994 Lou Angelo
1995 Justin Johnston
1997 Justin Johnston

DECATHLON

1998 Dore Louis
2012 **Gonzalo Barroilhet (8065 pts)***

* - ACC Championship meet record

ACC Outdoor Awards

ACC Most Valuable Performer

Joe Allen - 2001
Craphonso Thorpe - 2003
Tom Lancashire - 2005
Rafeeq Curry - 2006

ACC Performer of the Year - Track

Walter Dix - 2007
Charles Clark - 2009
Maurice Mitchell - 2011, 2012
Dentarius Locke - 2013, 2014

ACC Performer of the Year - Field

Ngoni Makusha - 2011

ACC Freshman of the Year

Matt Mason - 2001
Garrett Johnson - 2003
Walter Dix - 2005

Maurice Mitchell - 2009

Stephen Newbold - 2012

Kendal Williams - 2015

ACC Coach of the Year

Terry Long - 2000, 2002, 2003
Bob Braman - 2005, 2006, 2007, 2011,
2013, 2014, 2015

ACC Championship MVP -Track

Maurice Mitchell - 2010, 2011, 2012
Dentarius Locke - 2013, 2014

ACC Championship MVP - Field

Michael Putman - 2011
Armani Wallace - 2017

ACC Women's Outdoor Champions & Awards

100-METER DASH

- 1995 Deleeta Bradley
- 2000 Tonya Carter
- 2002 Teresa Bundy
- 2010 Marecia Pemberton
- 2016 Shauna Helps
- 2017 **Shauna Helps (11.26)***

200-METER DASH

- 2000 Tonya Carter
- 2002 Nakeya Crutchfield
- 2010 Teona Rodgers

400-METER DASH

- 1997 Sophia Danvers
- 1999 Samantha George
- 2000 Samantha George
- 2009 Britany St. Louis

800-METER RUN

- 1996 Erica Shepard
- 1997 Erica Shepard
- 1999 Laura Gerber
- 2000 Samantha George
- 2003 Laura Gerber
- 2008 Hannah England

1500-METER RUN

- 2004 Natalie Hughes
- 2006 Natalie Hughes
- 2009 Pilar McShine
- 2010 Pilar McShine
- 2015 Colleen Quigley

5000-METER RUN

- 2004 Vicky Gill
- 2009 Susan Kuijken
- 2011 Jessica Parry
- 2012 Hannah Brooks
- 2013 Amanda Winslow

3000-METER STEEPLECHASE

- 2006 Barbara Parker
- 2007 Barbara Parker
- 2009 Lydia Williemse
- 2010 Jennifer Dunn
- 2013 Colleen Quigley
- 2014 Colleen Quigley

100-METER HURDLES

- 2002 Kim Jones
- 2003 Kim Jones
- 2017 Peta-Gay Williams

400-METER HURDLES

- 1994 Radhiya Teagle
- 1995 Radhiya Teagle
- 2015 Sage Watson

4x100 RELAY

- 2000 Wobbleton, Crutchfield, Bundy, Carter
- 2002 Jones, Crutchfield, Walker, Bundy
- 2003 Jones, Niako, Quinn, Walker
- 2009 Marcus, McGrone, Jeffery, Rodgers

4x400 RELAY

- 1994 My. Charles, Danvers, Shepard, Covington
- 1995 Embon, Danvers, Shephard, Teagle
- 1996 Danvers, Edwards, Embon, Shepard
- 1997 Danvers, Edwards, Embon, Ronholt
- 1999 Carter, Gerber, Wobbleton, George
- 2000 Carter, Gerber, Wobbleton, George

- 2003 Quinn, Campbell, Niako, Gerber
- 2006 Adams, Pettus, Batchelor, Aly. Williams
- 2007 Smith, Massiah, Batchelor, Aly. Williams
- 2009 Richmond, St. Louis, Smith, Washington

HIGH JUMP

- 1994 Indianne Henry
- 2017 Eleonora Omoregie

LONG JUMP

- 1992 Trinette Johnson
- 1993 Trinette Johnson
- 1998 Zuzette Mullings
- 2003 Kim Jones
- 2008 Kimberly Williams
- 2009 Kimberly Williams
- 2011 Kimberly Williams
- 2012 Amy Harris
- 2014 Der'Renae Freeman
- 2015 Der'Renae Freeman
- 2016 **Der'Renae Freeman (21-5.5/6.54m)***

TRIPLE JUMP

- 2007 Alyce Williams
- 2008 Kimberly Williams
- 2009 Kimberly Williams
- 2010 Kimberly Williams
- 2011 **Kimberly Williams (14.05m/46-0.25)***
- 2012 Michelle Jenije

POLE VAULT

- 2002 Lacy Janson
- 2003 Lacy Janson
- 2004 Lacy Janson
- 2006 **Lacy Janson (4.58m/15-0.25)***
- 2011 Lizbeth Mabry

SHOT PUT

- 1996 Shannon Cook
- 1997 Shannon Cook
- 2000 Makiba Batten
- 2013 Chelsea Whalen

DISCUS

- 2013 Kellion Knibb
- 2014 Kellion Knibb
- 2016 **Kellion Knibb (198-11/60.62m)***
- 2017 Kellion Knibb

HAMMER

- 1998 Lakeisha Mose
- 2000 Lakeisha Mose
- 2016 Katja Vangsnes
- 2017 Veronika Kanuchova

HEPTATHLON

- 1998 Chinette Johnson
- 1999 Chinette Johnson
- 2000 Chinette Johnson
- 2014 Grete Sadeiko
- 2016 Melissa-Maree Farrington
- 2017 Melissa-Maree Farrington

* - ACC Championship meet record

ACC Outdoor Awards

ACC Most Valuable Performer

- Radhiya Teagle - 1995
- Tonya Carter - 2000

ACC Performer of the Year - Field

- Kimberly Williams - 2008, 2009
- Kellion Knibb - 2016

ACC Performer of the Year - Track

- Colleen Quigley - 2015

ACC Freshman of the Year

- Laura Bowerman - 2005
- Lydia Willemse - 2006
- Kimberly Williams - 2008
- Sage Watson - 2013
- Shauna Helps - 2016

ACC Championship MVP - Field

- Gleneve Grange - 2017

ACC Coach of the Year

- Terry Long - 2000
- Bob Braman - 2009, 2013, 2016

Men's All-ACC & All-ACC Academic Honors

1992

James Milton
Kelsey Nash
Shannon Baker
Jeff Bray
Eric Chambers
Kevin Crist

1993

John Rothell

1994

Phillip Riley
Ryan Carson
Marc Anderson
Justin Johnson
Jeff Bray
Jonathan Carter
Kevin Ansley
Lou Angelo

1995

Marc Anderson
Lou Angelo
Jonathan Carter
Justin Johnson
Tim Middlekoop

1996

Justin Johnson
Jody Lawrence
Phillip Riley

1997

Justin Johnson

1998

Jason Dean
Darius Jones
Jody Lawrence
Dore Louis
Chris Osborn

1999

Steve Augustine
Zyris Hill
Kenyun Langston
Joseph Lawrence
Danny Smith

2000

Joe Allen
Christian Bland
Michael Jennings
Darius Jones
Mario Lowe
Tony Martin
Danny Smith
Maarten van den Heuvel

2001

Doug Ameigh
Joe Allen
Danyne Brown
Shawn Brown
Sean Campbell
Jason Dean
Zach Heissner
Michael Jennings
Marquis Johnson
Kolby Jones
Mario Lowe
Maarten van den Heuvel

2001

Toni Martin
Matt Mason
Dorian Scott
Byron Taylor

2002

Jeff Atkinson
Josh Bowling
Danyne Brown
Shawn Brown

Sean Campbell
Maarten van den Heuvel

Michael Jennings

David Johnson

Kolby Jones

Mario Lowe

Nabavi Oliver

Cedric Robinson

Dorian Scott

Byron Taylor

Joep Tigchelaar

2003

Jeff Atkinson

Josh Bowling

Danyne Brown

Sean Campbell

Brian Dzingai

Maarten van den Heuvel

Garrett Johnson

Willie Johnson

Kolby Jones

Dorian Scott

Craphon Thorpe

Joep Tigchelaar

2004

Sean Campbell

Antonio Cromartie

Rafeeq Curry

Andrew Diakos

Brian Dzingai

Ian Hornbrook

Marquis Johnson

Willie Johnson

Tom Lancashire

Joe Paiva

Eddy Rodriguez

Dan Royal

Joep Tigchelaar

2005

Ricky Argro

Ricardo Chambers

Rafeeq Curry

Andrew Diakos

Walter Dix

Ian Hornbrook

Garrett Johnson

Greg Johnson

Willie Johnson

Tom Lancashire

Andrew Lemoncello

Cedric Nabe

Kenny O'Neal

Dorian Scott

Elliot Wood

Courtney Wright

2006

Shawn Allen

Greg Bolden

Ricardo Chambers

Rafeeq Curry

Javier Garcia-Tunon

Michael Ray Garvin

Johnta Griffin

Matt Hurley

Garrett Johnson

Tom Lancashire

Andrew Lemoncello

Tommy Noyes

2007

Greg Bolden

Drew Brunson

Tywayne Buchanan

Ricardo Chambers

Charles Clark

Walter Dix

Javier Garcia-Tunon

Michael Ray Garvin

Matt Hurley

Kenny Jesensky

Tom Lancashire

Andrew Lemoncello

Elliot Wood

2008

Drew Brunson

Brandon Byram

Charles Clark

Steeve Gabart

Michael Ray Garvin

Luke Gunn

Andrew Krumins

Ngoni Makusha

Daniel Roberts

Kevin Williams

Elliot Wood

2009

Trey Andrews

Brandon Byram

Brian Chibudu

Charles Clark

Steeve Gabart

Javier Garcia-Tunon

Maurice Mitchell

Brandon O'Connor

Michael Putman

Tim Reen

Travis Whitfield

Kevin Williams

2010

David Ambler

Andrew Batchelor

Brandon Byram

Kevin Borlee

Brian Chibudu

Nathan Duby

Darrin Gibson

Maurice Mitchell

Pablo Navarrette

Michael Putman

Marlon Woods

2011

David Ambler

Brandon Byram

Charles Clark

Kemar Hyman

Andrew LaHaye

Paul Madzivire

Ngoni Makusha

Maurice Mitchell

Brandon O'Connor

Ciaran O'Lionaird

Michael Putman

Wes Rickman

2012

David Ambler

Gonzalo Barroilhet

Michael Fout

Darrin Gibson

Kemar Hyman

Paul Madzivire

Maurice Mitchell

Stephen Newbold

Horatio Williams

Phillip Young

2013

David Ambler

Stefan Brits

Owen Cain

Darrin Gibson

James Harris

Andrew LaHaye

Dentarius Locke

Mone Moolman

Breandan O'Neill

Jeff Pelage

Alonzo Russell

Zak Seddon

Markindey Sineus

Stargell Williams

2014

John Franklin

James Harris

Dentarius Locke

Paul Madzivire

Jalen Ramsey

Markindey Sineus

Otniel Teixeira

Glen Yarham

2015

Ben Bonhurst (2nd tm)

Stefan Brits

Jake Burton

Michael Cherry

Trentavis Friday

Jack Goodwin (2nd)

Cejhae Greene

Cris Hurtado-Arteaga (2nd)

Paul Madzivire (2nd)

Morne Moolman (2nd)

Emmanuel Onyia (2nd)

Jalen Ramsey

Jonathan Reid

James Rhoden (2nd)

Zak Seddon

Markindey Sineus (2nd)

Otniel Teixeira

Kendal Williams

Stargell Williams (2nd)

2016

Stefan Brits

Jake Burton (2nd)

Edward Clarke (1st & 2nd)

Chad DaCosta (2nd)

Keniel Grant (2nd)

Jamal Pitts (2nd)

Raheem Robinson (2nd)

Zak Seddon

Otniel Teixeira

Armani Wallace

2017

Jake Burton (2nd)

Ashton Butler (2nd)

Edward Clarke (2nd)

Chad DaCosta (2nd)

Austin Droogsma

Kyle Fearington (2nd)

Keniel Grant (2nd)

Darryl Haraway (2nd)

Montel Nevers

Dante Newberg (2nd)

Emmanuel Onyia (2nd)

James Rhoden (2nd)

Raheem Robinson (2nd)

Brandon Tirado (2nd)

Armani Wallace

Ed'Ricus Williams

All-ACC Academic Honors

David Ambler	2011-12
Gonzalo Barroilhet	2008-12
Ronald Bolden	2012
Jonathan Borlee	2009
Kevin Borlee	2009
Stefan Brits	2012-13-15-16
Mark Buckingham	2008
Brian Chibudu	2008-11
Charles Clark	2007-11
Chad DaCosta	2017
Andrew Diakos	2006
David Forrester	2011
Michael Fout	2010-13
Javier Garcia-Tunon	2006-09
Tremaine Grant	2011
Bryan Howard	2009-10
Cristobal Hurtado-Arteaga	2013-15-16
Andrew Jacobs	2009-11
Garrett Johnson	2006
Andrew Krumins	2007
Tom Lancashire	2006-07
Matthew Leeder	2009-11
Andrew Lemoncello	2006
Nicholas Maedel	2011
Hubert Mitchell	2007
Cedric Nabe	2007
Pablo Navarrette	2008-10
Thomas Noyes	2006
Ciaran O'Lionaird	2011
Jeff Pelage	2013
Jonathan Reid	2015
Timothy Reed	2009
Alonzo Russell	2013-14
Aaron Steele	2009-10
Otniel Teixeira	2014-16
Brandon Tirado	2017
Matthew Wenke	2008-09
Travis Whitfield	2007-09
Stargell Williams	2013-15
Elliot Wood	2008
Jakub Zivec	2012-14

ACC Scholar-Athletes of the Year

Javier Garcia-Tunon	2009
Ciaran O'Lionaird	2011
Gonzalo Barroilhet	2012
Michael Fout	2013
Stefan Brits	2016

All-Time All-ACC

Selections by School

Clemson	280
Florida State	263
North Carolina	202
NC State	167
Virginia	149
Virginia Tech	124
Georgia Tech	123
Wake Forest	77
Duke	56
Maryland	34
Syracuse	27
Miami	27
Notre Dame	18
Pitt	17
Louisville	17
Boston College	1

Women's All-ACC & All-ACC Academic Honors

1992

Trinette Johnson
Angela Harris
Patric Verdun
Kim Stephens

1993

Sheryl Covington
Trinette Johnson
Kim Stephens

1994

Peggy Armand
Erica Shepard
Radhiya Teagle
Indianne Henry
Sophia Danvers
Sheryl Covington
Shannon Cook
Myriam Charles

1995

Deletea Bradley
Maria Embon
Sophia Danvers
Catherine Erickson
Rikke Ronholt
Erica Shepard
Radhiya Teagle

1996

Shannon Cook
Sophia Danvers
Yashiva Edwards
Maria Embon
Rikke Ronholt
Erica Shepard

1997

Myriam Charles
Shannon Cook
Marleena Crosby
Christin Daniels
Sophia Danvers
Yashiva Edwards
LaKeisha Mose
Rikke Ronholt
Erica Shepard

1998

Chinette Johnson
LaKeisha Mose
Zuzette Mullings
Ayana Townsend

1999

Tonya Carter
Samantha George
Laura Gerber
Chinette Johnson
Fiona Norwood
Shannon Steele
Angela Wobbleton

2000

Makiba Batten
Teresa Bundy
Tonya Carter
Nakeya Crutchfield
Samantha George
Laura Gerber
Chinette Johnson
LaKeisha Mose
Lindsay Osborn
Shannon Steele
Tangela Wobbleton

2001

Makiba Batten
Teresa Bundy
Keya Crutchfield
Laura Gerber

Kim Jones
Lindsay Osborn
Karen Rademeyer
Sara White

2002

Teresa Bundy
Nakeya Crutchfield
Natalie Hughes
Lacy Janson
Kim Jones
Karen Rademeyer
Megan Robbins
Stacey Taylor
Kimberly Walker

2003

Makiba Batten
Tamara Campbell
Laura Gerber
Vicky Gill
Lacy Janson
Kim Jones
Deanna Lane
LaToya Legree
Lakendra McColumm
Evelyne Niako
Shauna Quinn
Kim Walker

2004

Tamara Campbell
Vicky Gill
Helen Hofstede
Natalie Hughes
Lacy Janson
LaKendra McColumm
Kim Walker

2005

Laura Bowerman
Deanna Lane
LaToya Legree
Kimberly Walker

2006

Kim Adams
Kandia Batchelor
Natalie Hughes
Lacy Janson
LaKendra McColumm
Evelyne-Cynthia Niako
Barbara Parker
India Pettus
Sarah Reed
Lydia Willemse
Alycia Williams

2007

Tori Allen
Kandia Batchelor
Dana Massiah
Barbara Parker
Sara Reed
Keyla Smith
Tiara Swanagan
Alyce Williams
Alycia Williams

2008

Hannah England
Dana MAssiah
Britany St. Louis
Tiara Swanagan
Lydia Willemse
Kimberly Williams

2009

Danielle Jeffery
Susan Kuijken
Allyn Laughlin

Liz Mabry
Kristin Marcus
Candyce McGrone
Pilar McShine
Hshkeni Richmond
Teona Rodgers
Tiara Swanagan
Keyla Smith
Brittany St. Louis
Christal Washington
Lydia Willemse
Kimberly Williams

2010

Pasca Cheruiyot
Jennifer Dunn
Callie Griffin
Allyn Laughlin
Candyce McGrone
Pilar McShine
Marecia Pemberton
Teona Rodgers
Brittany St. Louis
Kimberly Williams

2011

Hannah Brooks
Kamorean Hayes
Michelle Jenije
Allyn Laughlin
Liz Mabry
Jessica Parry
Marecia Pemberton
Teona Rodgers
Brittany St. Louis
Kimberly Williams
Amanda Winslow

2012

Hannah Brooks
Amy Harris
Michelle Jenije
Violah Lagat
Astrid Leutert
Colleen Quigley
Aubree Worden
Elizabeth Ichite
Kellion Knibb
Marecia Pemberton
Colleen Quigley
Kayleigh Tyerman
Sage Watson
Chelsea Whalen
Amanda Winslow
Anne Zagree

2014

Der'Renae Freeman
Kellion Knibb
Colleen Quigley
Grete Sadeiko
Pippa Woolven
Hannah Walker
Anne Zagre

2015

Der'Renae Freeman (1st/2nd)
Kala Funderburk
Lakitta Johnson (2nd)
Sydnee Over (2nd)
Colleen Quigley
Grete Sadeiko
Nicole Setterington (2nd)
Sage Watson
Chelsi Woodruff
Pippa Woolven (2nd)

2016

Bridget Blake (1st & 2nd)
Melissa-Maree Farrington
Der'Renae Freeman
Shauna Helps
Chelsea Jarvis
Meme Jean (2nd)
Kellion Knibb (1st & 2nd)
Jogaile Petrokaite
Grete Sadeiko
Nicole Setterington (2nd)
Katja Vangsnæs
Peta-Gay Williams
Kiara Wright (2nd)

2017

Camela Cardama Baez (2nd)
Shaquania Dorsett (2nd)
Melissa-Maree Farrington
Gleneve Grange
Shauna Helps
Cortney Jones
Veronika Kanuchova
Kellion Knibb
Shanice Love (2nd)
Kayla Maczuga (2nd)
Safia Morgan (2nd)
Eleonora Omoregie
Jogaile Petrokaite
Peta-Gay Williams

All-Time All-ACC

Selections by School

North Carolina	253
Florida State.....	221
Clemson	204
Virginia.....	156
Georgia Tech	109
NC State	103
Miami	91
Virginia Tech	81
Duke	78
Wake Forest	61
Maryland	46
Notre Dame	31
Louisville.....	23
Boston College	20
Syracuse.....	15
Pitt	9

All-ACC Academic Honors

Hannah Acton	2013-15
Victoria Allen	2007
Camela Cardama Baez	2017
Kandia Batchelor	2006-08
Hannah Brooks	2012
Sarah Chandler	2013
Pasca Cheruiyot	2010
Shaquania Dorsett	2017
Jennifer Dunn	2010
Melissa-Maree Farrington	2016-17
Callie Giffin	2010
Linden Hall	2013-15
Shauna Helps	2016-17
Debra Huss	2007
Elizabeth Ichite	2013-15
Karly Jackson	2014-15
Lacy Janson	2006
Chelsa Jarvis	2016
Meme Jean	2016
Michelle Jenije	2011-12
Kellion Knibb	2016-17
Susan Kuijken	2009
Allyn Laughlin	2009-10
LaToya Legree	2006
Astrid Leutert	2012
Shanice Love	2017
Liz Mabry	2009
Kayla Maczuga	2017
Pilar McShine	2009-10
Safia Morgan	2017
Eleonora Omoregie	2017
Sydnee Over	2015
Andrea Palen	2010
Jessica Parry	2011
Marecia Pemberton	2010-11-13-14
Jogaile Petrokaite	2017
Jande Pierce	2014-16
Amanda Quick	2009
Colleen Quigley	2012-15
Nicole Setterington	2014-16
Keyla Smith	2007-09
Brittany St. Louis	2008
Helene Swanepoel	2015
Kayleigh Tyerman	2012-13
Hannah Walker	2014
Sage Watson	2013-15
Chelsea Whalen	2011-13
Lydia Willemse	2006-09
Kimberly Williams	2008-11
Peta-Gay Williams	2016-17
Amanda Winslow	2010-13
Pippa Woolven	2014-15
Aubree Worden	2012

ACC Scholar-Athletes of the Year

Susan Kuijken	2009
Amanda Winslow	2013
Colleen Quigley	2015

FSU Men's All-Time Outdoor Top 10

100 METERS

1. Ngoni Makusha	9.89	2011 ^{^A}
2. Walter Dix	9.91	2008
3. Kemar Hyman	9.95	2012
4. Dentarius Locke	9.96	2013
5. Maurice Mitchell	10.00	2011
6. Kendal Williams	10.07	2015
Mike Roberson	10.07	1979
8. Jonathan Carter	10.17	1996
9. Michael Ray-Garvin	10.19	2009
10. Greg Bolden	10.21	2007

^{*} NCAA Championship record; [^] Collegiate record

200 METERS

1. Walter Dix	19.69	2007 ^A
2. Mike Roberson	20.08	1980
3. Brian Dzingai	20.12	2004
4. Maurice Mitchell	20.13	2012
5. Charles Clark	20.22	2008
6. Kendal Williams	20.26	2015
7. Brandon Byram	20.31	2010
8. Ronnie Taylor	20.39	1982
9. Horatio Williams	20.47	2012
10. Ron Harrison	20.54	1960

^A Collegiate record

400 METERS

1. Ricardo Chambers	44.62	2007
2. Jonathan Borlee	44.78	2009
3. Walter McCoy	44.99	1981
4. Kevin Borlee	45.01	2010
5. James Harris	45.23	2013
6. Charles Clark	45.30	2008
7. Michael Cherry	45.37	2014
8. Brandon O'Connor	45.51	2011
9. Michael Jennings	45.55	2001
10. Kevin Anslay	45.68	1994

800 METERS

1. Tom Lancashire	1:45.76	2006
2. Ocky Clark	1:46.19	1986
3. Phillip Role	1:46.58	1981
4. Palmer Simmons	1:47.30	1980
5. Rob Circelli	1:47.42	1991
6. Mark Grey	1:47.89	1994
7. Otniel Teixeira	1:48.03	2016
8. Tim Middlekoop	1:48.06	1994
9. Darrin Gibson	1:48.08	2012
10. George Gardner	1:48.37	1986

1500 METERS

1. Ciaran O'Lionaird	3:34.46	2011
2. Tom Lancashire	3:38.92	2005
3. David Forrester	3:41.44	2012
4. Zak Seddon	3:42.02	2015
5. Ocky Clark	3:43.02	1986
6. Maarten van den Heuvel	3:43.10	2002
7. Rob Gomez	3:43.60	1982
8. Michael Hall	3:43.70	2017
9. Matt Leeder	3:44.09	2009
10. Daniel Roberts	3:44.31	2008

3,000 STEEPLECHASE

1. Andrew Lemoncello	8:23.74	2007
2. Luke Gunn	8:28.48	2008
3. Zak Seddon	8:33.09	2016
4. Mark Buckingham	8:49.23	2008
5. Bobby James	8:52.70	1976
6. Doug Overfelt	8:53.39	1981
7. Michael Hall	8:55.82	2018
8. Jacob Hoesly	8:58.52	1987
9. Ronnie Treadway	8:59.34	1984
10. Trey Culbertson	9:02.83	1993

5,000 METERS

1. Ciaran O'Lionaird	13:33.64	2011
2. Breandan O'Neill	13:41.56	2012
3. Andrew Lemoncello	13:45.69	2006
4. Joep Tigchelaar	13:46.01	2004
5. Mike Fout	13:46.19	2011
6. David Forrester	13:47.60	2011
7. Herb Willis	13:53.26	1982
8. Matt Leeder	13:54.40	2009
9. George West	13:55.10	1976
10. Wes Rickman	13:59.52	2011

10,000 METERS

1. Andrew Lemoncello	28:28.04	2007
2. Ciaran O'Lionaird	28:32.30	2011
3. Joep Tigchelaar	28:33.81	2003
4. Mike Fout	28:34.50	2011
5. Ken Misner	28:55.34	1971
6. Breandan O'Neill	28:57.44	2013
7. Herb Willis	28:58.74	1982
8. Glen Yarham	29:15.53	2014
9. Steeve Gabart	29:18.03	2009
10. Larry Greene	29:20.50	1983

110 METER HURDLES

1. Arthur Blake	13.27	1987
2. Drew Brunson	13.30	2008
3. Phillip Riley	13.39	1996
4. Trey Cunningham	13.57	2018
5. Mike Roberson	13.64	1977
Danny Smith	13.64	1974
7. Marcus Dixon	13.65	1993
8. Rodney Lawson	13.68	1989
9. Gonzalo Barroilhet	13.72	2008
10. Leander McKenzie	13.81	1984

400 METER HURDLES

1. John Rothel	49.15	1995
2. Leander McKenzie	49.33	1985
3. Iain Hamden	49.68	2000
4. Javier Garcia-Tunon	49.99	2009
5. Mike Kelly	50.04	1969
6. Matt Mason	50.16	2001
7. Elliot Wood	50.30	2006
8. John Citron	50.48	1979
9. Danyne Brown	50.60	2003
10. Byron Taylor	50.63	2006

DECATHLON

1. Gonzalo Barroilhet	8065	2012
2. Rohn Stark	7612	1981
3. Darius Jones	7269	1999
4. Tom Reither	7193	1985
5. Dante Newberg	7113	2017
6. Dore Louis	6848	1998
7. Charlie Galloway	6829	1971
8. Mark Nugen	6800	1980
9. Lenx Jackson	6792	1984
10. Gary Visser	6534	2002

LONG JUMP

1. Ngoni Makusha	27-6.75	8.40m	2011
2. Stefan Brits	26-11.75	8.22	2016
3. Brian Chibudu	26-5	8.05	2009
4. Marlon Woods	26-2.75	7.99	2009
5. Jalen Ramsey	26-1.50	7.96	2015
6. Joe Allen	26-0.5	7.94	2001
7. Mark Freeman	25-11.5	7.91	1983
8. Paul Madzivire	25-10	7.87	2014
9. Corion Knight	25-9.25	7.85	2018
10. Billy Close	25-8.5	7.83	1988

TRIPLE JUMP

1. Rafeeq Curry	54-9.5	16.70m	2006
2. Jonathan Reid	54-6.75	16.63	2015
3. Kelsey Nash	54-6	16.61	1992
4. Ray Taylor	54-2.75	16.53	2008
5. Leon Hutchins	54-2.25	16.52	1982
6. Armani Wallace	53-6.5	16.32	2017
7. Phillip Young	53-5.75	16.30	2012
8. Mario Lowe	53-0	16.15	2002
9. Willie Johnson	52-9.5	16.09	2005
10. Andy Latimer	52-7.5	16.04	1985

HIGH JUMP

1. Kevin Crist	7-5.75	2.28m	1993
2. Shawn Brown	7-4.5	2.25	2001
3. James Harris	7-4.25	2.24	2013
Kenny Smith	7-4.25	2.24	1984
5. Ed'Ricus Williams	7-3.25	2.22	2017
6. Corion Knight	7-2.5	2.20	2018
Tom Slitt	7-2.5	2.20	1987
Andrew Bachelor	7-2.5	2.20	2010
9. Christian Bland	7-2.25	2.19	2002
Darrell Wills	7-2.25	2.19	1986

SHOT PUT

1. Garrett Johnson	68-4.5	20.84m	2006
2. Austin Droogsma	66-8	20.32	2018
3. Dorian Scott	66-3.75	20.21	2005
4. Michael Putman	62-0.25	18.90	2011
5. Ben Bonhurst	60-8	18.49	2015
6. Mike Bell	60-7.75	18.48	1987
7. Ken Lanier	60-2	18.34	1979
8. Allen Williams	59-10	18.24	1963
9. John Fallone	59-8.5	18.20	2004
10. Scott Peterson	59-5	18.11	1992

DISCUS

1. Bradley Cooper	212-6	64.78m	1979
2. Garrett Johnson	199-4	60.77	2005
3. Emmanuel Onyia	197-11	60.34	2017
4. Michael Putman	190-2	57.96	2011
5. Austin Droogsma	187-5	57.13	2018
6. Jeff Pelage	184-4	56.19	2013
7. Jody Lawrence	182-4	55.58	1999
8. Chadrick DaCosta	180-5	54.99	2014
9. Eric Chambers	179-8	54.76	1992
10. Harry Glenn	178-9	54.48	1980

HAMMER

1. Horatio Garcia	215-10	65.80m	1987
2. Markindey Sineus	210-3	64.08	2015
3. Brandon Tirado	202-0	61.58	2018
4. Andrew Diakos	200-4	61.07	2005
5. B.J. Linnenbrink	195-2	59.48	2002
6. Travis Whitfield	194-8	59.33	2010
7. Matt Werne	192-9	58.75	2008
8. Mark Sleeman	192-4	58.62	1987
9. Josh Bowling	187-9	57.22	2002
10. William Shirk	180-10	55.12	1996

JAVELIN

1. Morne Moolman	246-7	75.17m	2013
2. Lou Angelo	233-10	71.28	1994
3. Justin Johnson	232-10	70.96	1997
4. Tom Fetters	230-5	70.23	1989
5. Bryan Howard	213-4	65.04	2010
6. Garrett Singletary	211-0	64.32	2015
7. Gabe Arola	210-10	64.26	1997
8. Greg Jack	210-8	64.22	1996
9. Pelle Rietveld	202-9	61.80	2009
10. Sean Conrecode	201-2	61.32	2008

POLE VAULT

1. Jeff Bray	18-6.50	5.65m	1992
2. Larry Carr	18-1	5.51	1989
3. Gonzalo Barroilhet	17-10.75	5.45	2012
4. Andrew LaHaye	17-8.5	5.40	2012
5. Tom Riether	17-6	5.34	1988
6. Jeff Atkinson	17-2.75	5.25	2002
Matt Hurley	17-2.75	5.25	2007
8. Drew Marcello	17-1	5.21	2013
Phares Rolle	17-1	5.21	1976
10. Jason Dean	17-0.75	5.20	1999

4x100M RELAY

1. Hyman, Williams, Mitchell, Newbold	38.57	2012
2. Bolden, Garvin, Dix, Clark	38.60	2007
3. Hyman, Makusha, Mitchell, Byram	38.75	2011
Garvin, Byram, Mitchell, Clark	38.75	2009
5. Hyman, Williams, Mitchell, Showler-Davis	38.81	2012
6. Bolden, Wright, Garvin, Nabe	38.90	2006
7. Baker, Sterling, Dzingai, Nabe	38.92	2004
8. Hyman, Williams, Mitchell, Ambler	39.06	2012
Ambler, Byram, Mitchell, Chibudu	39.06	2010
10. Dix, Makusha, Garvin, Chibudu	39.11	2008

4x400M RELAY

1. Williams, K. Borlee, Clark, J. Borlee	2:59.99	2009
2. Williams, K. Borlee, O'Connor, J. Borlee	3:01.54	2009
3. Williams, McKenzie, Waddell, Johnson	3:03.78	1986
4. Nelson, Ross, McCoy, Simmons	3:04.29	1980
5. McKenzie, Washington, Gordon, Johnson	3:04.33	1980
6. Nelson, Rolle, Brown, McCoy	3:04.66	1981
7. Russell, Cherry, Teixeira, Harris	3:04.95	2014
8. Williams, Byram Clark, Garvin	3:05.38	2008
9. McKenzie, Ross, Carr, Washington	3:05.50	1984
10. Johnson, Wood, Curry, Chambers	3:05.58	2005

Bold - current member of the team

Updated through May 4, 2018

FSU Women's All-Time Outdoor Top 10

100 METERS

1. Michelle Finn	11.20	1986
2. Brenda Cliette	11.23	1983
3. Ka'Tia Seymour	11.24	2018
4. Shauna Helps	11.26	2017
5. Randy Givens	11.27	1984
6. Marecia Pemberton	11.29	2010
7. Tonya Carter	11.30	2000
8. Esmeralda Garcia	11.32	1985
9. Evelyne-Cynthia Niako	11.34	2006
Teona Rodgers	11.34	2010

200 METERS

1. Randy Givens	22.31	1983
2. Marita Payne	22.62	1983
3. Ka'Tia Seymour	22.75	2018
4. Michelle Finn	22.77	1986
5. Brenda Cliette	22.81	1984
Teona Rodgers	22.81	2010
7. Candyce McGrone	22.84	2010
8. Shauna Helps	22.97	2018
9. Evelyne-Cynthia Niako	22.99	2006
10. Patrice Verdun	23.24	1992

400 METERS

1. Marita Payne	49.91	1984
2. Kala Funderburk	51.09	2015
3. Sheryl Covington	51.85	1994
4. Brenda Cliette	51.92	1984
5. Samantha George	51.98	1999
6. Shaquania Dorsett	52.13	2017
7. Sophia Danvers	52.18	1997
8. Janet Davis	52.37	1987
9. Kim Batten	52.53	1991
10. Angela Wright	52.61	1982

800 METERS

1. Laura Gerber	2:01.39	2003
2. Susan Kujiken	2:02.24	2009
3. Hannah England	2:02.48	2008
4. Pilar McShine	2:02.89	2009
5. Erica Shepard	2:03.54	1997
6. Violah Lagat	2:04.79	2012
7. Hannah Brooks	2:04.88	2011
8. Ovrill Dwyer-Brown	2:04.90	1982
9. Sydnee Over	2:04.92	2015
10. Samantha George	2:05.14	2000

1500 METERS

1. Susan Kujiken	4:05.86	2009
2. Hannah England	4:06.19	2008*
3. Linden Hall	4:10.41	2015
4. Amanda Winslow	4:10.79	2013
5. Colleen Quigley	4:11.61	2015
6. Violah Lagat	4:13.30	2012
7. Hannah Brooks	4:14.01	2012
8. Pilar McShine	4:14.20	2010
9. Georgia Peel	4:14.40	2013
10. Natalie Hughes	4:15.72	2006

* NCAA Championship meet record

3000 STEEPLECHASE

1. Colleen Quigley	9:24.92	2015
2. Pippa Woolven	9:47.97	2014
3. Barbara Parker	9:48.82	2007
4. Astrid Leutert	9:52.15	2012
5. Lydia Willemsse	10:05.36	2009
6. Bridget Blake	10:07.87	2016
7. Helen Hofstede	10:09.90	2004
8. Chelsi Woodruff	10:13.69	2015
9. Jennifer Dunn	10:14.58	2010
10. Amanda Quick	10:33.27	2009

5,000 METERS

1. Vicky Gill	15:42.40	2003
2. Kayleigh Tyerman	15:49.07	2013
3. Amanda Winslow	15:54.66	2013
4. Colleen Quigley	15:58.90	2013
5. Astrid Leutert	16:09.51	2012
6. Hannah Brooks	16:09.81	2011
7. Militsa Mircheva	16:10.96	2018
8. Jessica Parry	16:12.70	2011
9. Pasca Cheruyiot	16:13.12	2010
10. Hannah Walker	16:13.77	2014

10,00 METERS

1. Vicky Gill	32:48.63	2004
2. Hannah Walker	32:56.90	2014
3. Kayleigh Tyerman	33:20.74	2013
4. Pasca Cheruyiot	33:23.63	2010
5. Militsa Mircheva	33:33.70	2018
6. Rachel Evjen	34:01.41	2004
7. Jennifer Dunn	34:19.73	2012
8. Debbie Huss	34:37.04	2007
9. Darien Andreu	34:42.74	1981
10. Janie Regis	35:01.78	1985

100 METER HURDLES

1. Anne Zagre	12.83	2014
2. Peta-Gay Williams	12.96	2017
3. Nicole Settingrington	12.98	2016
4. Meme Jean	13.01	2016
5. Courtney Jones	13.06	2017/18
Kim Batten	13.06	1991
7. Kim Jones	13.09	2003
8. Teona Rodgers	13.25	2011
9. Deanna Lane	13.34	2005
10. Melissa-Maree Farrington	13.40	2016

400 METER HURDLES

1. Kim Batten	53.98	1991
2. Sage Watson	55.97	2015
3. Tonja Brown	56.46	1982
4. Angela Wright	56.74	1983
5. Ovrill Dwyer-Brown	56.94	1983
6. Rikke Ronholt	57.30	1997
7. Radhiya Teagle	57.72	1995
8. LaKendra McCollum	57.85	2005
9. Kristin Thorne	58.06	1997
10. LaKendra McCollum	58.08	2006

HEPTATHLON

1. Grete Sadeiko	5813	2015
2. Melissa-Maree Farrington	5735	2016
3. Carmelia Shivers	5410	1991
4. Deanna Lane	5391	2005
5. Chinette Johnson	5262	2000
6. Kim Stephens	5251	1991
7. Candi Odum	4911	1991
8. Latoshia Crews	4900	1985
9. Heather LeBlanc	4775	2005
10. Karen Rademeyer	4699	2001

LONG JUMP

1. Esmeralda Garcia	21-7.5	6.59m	1986
2. Trinette Johnson	21-6	6.55	1993
3. Der'Renae Freeman	21-5.5	6.54	2016
4. Jogaile Petrokaite	21-4	6.50	2016
5. Kim Jones	21-1.75	6.47	2003
6. Amy Harris	21-1.25	6.43	2012
7. Kimberly Williams	21-0.5	6.42	2011
8. Kim Batten	20-9	6.32	1988
9. Alice Bennett	20-6	6.24	1983
10. Zuzette Mullings	20-5.25	6.23	1999

TRIPLE JUMP

1. Kimberly Williams	46-9	14.25m	2011
2. Teresa Bundy	45-3	13.75	2002
3. Esmeralda Garcia	44-10.75	13.68	1986
4. Michelle Jenjje	44-7	13.59	2012
5. Latoya LaGree	44-1.25	13.44	2006
6. Alyce Williams	43-8.75	13.25	2006
7. Tiara Swanagan	43-4.25	13.21	2008
8. Kim Batten	42-6	12.95	1991
9. Amy Harris	42-0.5	12.81	2010
10. Zuzette Mullings	41-10	12.75	1998

HIGH JUMP

1. Wendy Markham	6-1.75	1.87m	1983
Holly Kelly	6-1.75	1.87	1991
3. Indianne Henry	6-0.25	1.84	1993
4. Eleonora Omoregie	5-11.5	1.82	2017
Stacy Taylor	5-10.75	1.80	2002
6. Christine Daniels	5-10	1.78	1997
7. Grete Sadeiko	5-9.25	1.76	2015
8. Carmelia Shivers	5-9	1.75	1990
9. Kiara Wright	5-8.75	1.75	2016
Michaela Steele	5-8.75	1.75	1999

SHOT PUT

1. Geneve Grange	56-8.75	17.29m	2017
2. Chelsea Whalen	53-11.75	16.45	2013
3. Ieva Zarankaite	53-6.5	16.32	2018
4. Allyn Laughlin	53-0.75	16.17	2009
5. Sarah Reed	53-0	16.15	2007
6. Lakitta Johnson	52-7.5	16.04	2014
7. Kamorean Hayes	52-2	15.90	2009
8. Shannon Cook	51-10	15.80	1997
9. Cerenity Young	51-7.5	15.73	2003
10. Kellion Knibb	51-0.75	15.56	2017

DISCUS

1. Kellion Knibb	205-9	62.73m	2017
2. Shanice Love	189-6	57.77	2018
3. Ieva Zarankaite	187-6	57.15	2018
4. Geneve Grange	187-1	57.02	2017
5. Sasha-Ann Lebert	182-7	55.65	2016
6. Makiba Batten	181-2	55.22	2003
7. Kamorean Hayes	163-11	49.97	2009
8. Lindsey Nelson	163-3	49.75	2005
9. Shannon Cook	162-6	49.53	1997
10. Victoria Reiman	154-1	46.97	2014

HAMMER

1. Veronika Kanuchova	216-8	66.06m	2017
2. Katja Vangsnes	205-1	62.51	2016
3. LaKeisha Mose	187-9	57.22	2000
4. Briana Cherry-Bronson	179-0	54.57	2014
5. Sarah Reed	178-8	54.46	2007
6. Sara White	172-8	52.64	2001
7. Amanda Kinney	167-11.75	51.20	2003
8. Shanea Rufus	166-10	50.86	2012
9. Caila Coleman	166-6	50.75	2010
10. Nicole Scott	163-9	49.92	2001

POLE VAULT

1. Lacy Janson	15-0.25	4.58m	2006
2. Karly Jackson	13-5.75	4.11	2015
3. Liz Mabry	13-3.75	4.06	2011
4. Hannah Acton	13-3.50	4.05	2015
5. Nicole Breske	13-2.25	4.02	2017
6. Lauren Giffin	12-11.50	3.95	2011
7. Callie Giffin	12-9.50	3.90	2010
8. Megan Robbins	12-8.50	3.87	2001
9. Lindsay Osborn	12-8	3.86	2001
10. Madison Schmidt	12-5.5	3.80	2014
Tori Allen	12-5.5	3.80	2006

JAVELIN

1. Lauri Paredes	175-6	53.50m	2018
2. Kari Keith	174-10	53.30	1990
3. Chelsea Whalen	170-10	52.08	2013
4. Cheryl Coker	167-0	50.90	1985
5. Nancy Townsend	154-9	47.18	1980
6. Karen Rademeyer	153-10	46.89	2002
7. Shannon Steele	150-4	45.82	2000
8. Rena Antanelis	149-8	45.62	1983
9. Laura Gibbons	149-6	45.58	1972
10. Grete Sadeiko	148-8	45.32	2015

4x100M RELAY

1. Wright, Payne, Cliette, Givens	42.94	1983
2. Levy, Thompson, Davis, Finn	43.19	1987
3. Marcus, McGrone, Jeffrey, Rodgers	43.33	2009
4. Finn, Payne, Cliette, Givens	43.54	1984
5. Harris, Pemberton, Simpson, St.Louis	43.65	2011
6. Wright, Payne, Bennett, Givens	43.73	1982
7. Garcia, Finn, Thompson, Levy	43.98	1985
8. McGrone, Pemberton, Harris, Rodgers	44.04	2010
9. Levy, Finn, Thompson, Davis	44.12	1986
10. Horton, Thompson, Davis, Curry	44.13	1988

4x400M RELAY

1. Davis, Cliette, Givens, Payne	3:27.72	1984
2. Givens, Cliette, Wright, Payne	3:28.46	1983
3. Wright, Dwyer-Brown, Givens, Payne	3:28.70	1982
4. Davis, Cliette, Givens, Payne	3:28.93	1984
5. Ichite, Watson, Swanepoel, Funderburk	3:29.85	2015
6. Danvers, Edwards, Embon, Ronholt	3:30.17	1997
7. Batchelor, Pettus, Smith, Williams	3:31.12	2007
8. Danvers, Embon, Shepard, Edwards	3:31.18	1996
9. Williams, Pettus, Batchelor, Niako	3:31.43	2006
10. Embon, Edwards, Shepard, Ronholt	3:31.92	1997

Bold - current member of the team

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