



# 2019 FSU Relays

## Final Schedule

### Friday

#### Field Events

- 9:30 am Hammer (M & W follow)  
11:30 am **FSU Senior Recognition**  
12:00 pm Discus (M & W follow)  
12:30 pm Pole Vault (M & W follow)  
Long Jump (M)  
Long Jump (W)  
1:30 pm High Jump (M & W follow)  
3:00 pm Shot Put (M)  
3:00 pm Shot Put (W)  
3:30 pm Triple Jump (M)  
Triple Jump (W)  
5:00 pm Javelin (M & W follow)

#### Running Events

- 1:30 pm **National Anthem**  
1:40 pm 110 Hurdles (M)  
100 Hurdles (W)  
2:00 pm 800 (M & W follow)  
800 (Boys & Girls follow)  
2:40 pm 4x100 Relay (M)  
4x100 Relay (W)  
3:00 pm 400 (M)  
400 (W)  
3:30 pm 400 Hurdles (M)  
400 Hurdles (W)  
4:10 pm 100 (M)  
100 (W)  
4:30 pm 2k Steeplechase (M)  
2k Steeplechase (W)  
**\*Dinner break for officials\***  
5:10 pm 1500 (M)  
1500 (W)  
5:30 pm 200 (M & W follow)  
200 (Boys & Girls follow)  
6:10 pm **Women's 50th Celebration**  
6:20 pm 5000 (M)  
5000 (W)  
7:10 pm 4x400 (M)  
4x400 (W)  
7:45 pm 3200 Invitational (B)  
3200 Invitational (G)

### Saturday

#### Field Events

- 10:00 am High Jump (Girls)  
Shot Put (Girls)  
Long Jump (Girls)  
Pole Vault (B & G follow)  
Discus (Boys)  
Long Jump (Boys)  
1:00 pm High Jump (Boys)  
Shot Put (Boys)  
Triple Jump (Boys)  
Discus (Girls)  
Triple Jump (Girls)

#### Running Events

- 7:30 am 3200 Consolation Boy  
3200 Consolation Girls  
1600 Consolation Boys  
1600 Consolation Girls  
11:00 am **National Anthem**  
11:10 am 110 Hurdles  
100 Hurdles  
11:30 am 4x800 Boys  
4x800 Girls  
12:30 pm 400 Boys  
400 Girls  
12:50 pm 100 Boys  
100 Girls

#### AWARDS – first 4 running events/6 field events (top3)

- 1:30 pm 4x100 Boys  
4x100 Girls  
3:10 pm 300 Hurdles Boys  
300 Hurdles Girls  
3:40 pm 1600 Boys  
1600 Girls  
4:10 pm 4x400 Boys  
4x400 Girls

#### AWARDS – last 4 running events/6 field events (top3)

**SCHEDULE FINALIZED March 19 at 4:30 p.m.!!!**