

# 2019 CHRIS POOLE VOLLEYBALL CAMPS

## REGISTRATION FORM 2019 VOLLEYBALL CAMPS

### ELITE INDIVIDUAL CAMP

This camp is designed for both beginners and more experienced players looking to work on all their volleyball skills. This camp caters to all volleyball positions. Players will be grouped by position to work on specific skills, as well as placed on a team, according to age and skill level to practice playing in a team format. Residents will stay in the dorms during camp. Commuters will go home after the last session at night.

**July 7-9 & 11-13**  
**Grades:** 7-12th  
**Commuter Cost:** \$215  
**Resident Cost:** \$275  
**Check-in at:** Tully Gym  
**Check-in Time:** 12:00-1:30pm  
**Start Time:** 2:00pm

### INDIVIDUAL POSITION CAMP

Position camp will focus on training campers in their desired position. Campers will register at one of four positions. The first half of the camp will be dedicated to training a specific position and learning advanced techniques. The second half will be spent combining all positions to play competition drills. Campers will be grouped based on age/skill level.

**July 10**  
**Grades:** 7-12th  
**Commuter Cost:** \$95  
**Check-in at:** Tully Gym  
**Check-in Time:** 8:30-9:30am  
**Start Time:** 10:00am  
**End Time:** 4:00pm  
**Lunch Included**

### COLLEGE PREP CAMP

Spend the day training, learning, and fully experiencing the life of a collegiate volleyball athlete. On court skill sessions led by Florida State coaching staff. There will also be sessions offering insight into FSU athletic's academic support, physical training and nutrition for its athletes. May 11 and July 10th & 24th are one-day camps (\$75). May 18-19th is a two-day camp (\$95). **\*Lunch Included**

**May 11, 18-19 & July 10, 24**  
**Grades:** 7-10th  
**Commuter Cost:** \$75  
**Check-in at:** Tully Gym  
**Check-in Time:** 8:30-9:30am  
**Start Time:** 10:00am  
**End Time:** 4:00pm

### SETTING/PASSING CAMP

This camp will focus on all aspects of setting, passing, defense and serving. Campers will be instructed on hand position, footwork and ball control. Beginners will learn the fundamentals of setting and passing, while advanced players work on consistency and decision-making. Drills will provide many touches on the ball with some game-like situations included. Campers will be divided by age/skill level.

**July 15**  
**Grades:** 4-12th  
**Commuter Cost:** \$95  
**Check-in at:** Tully Gym  
**Check-in Time:** 8:30-9:30am  
**Start Time:** 10:00am  
**End Time:** 4:00pm  
**Lunch Included**

### HITTING/DEFENSE CAMP

This camp will focus on all aspects of hitting, defense and serving. Beginners will learn the fundamentals of effective hitting and controlled defense and serve-serve, while more advanced players will work on the fundamentals and strategy. Drills will provide many touches on the ball with some game-like situations included. Campers will be divided by age/skill level.

**July 16**  
**Grades:** 4-12th  
**Commuter Cost:** \$95  
**Check-in at:** Tully Gym  
**Check-in Time:** 8:30-9:30am  
**Start Time:** 10:00am  
**End Time:** 4:00pm  
**Lunch Included**

### HITTING/BLOCKING CAMP

This camp will focus on all aspects of hitting, blocking and serving. Instruction will cover areas such as footwork, approach, arm swing, shot selection, and wrist/hand control. Beginners will learn the fundamentals of hitting and blocking, while advanced players will work on efficiency and strategy. Campers will be divided by age/skill level.

**July 17**  
**Grades:** 4-12th  
**Commuter Cost:** \$95  
**Check-in at:** Tully Gym  
**Check-in Time:** 8:30-9:30am  
**Start Time:** 10:00am  
**End Time:** 4:00pm  
**Lunch Included**

### INSTRUCTIONAL TEAM CAMP

This camp is designed for middle school through high school varsity teams to train as a team with the assistance of an outstanding coaching staff. Teams will be exposed to individual skills along with offensive and defensive system team drills. Daily competitions and an end-of-camp tournament will be featured. Teams must have a minimum of 8 players and may be accompanied by one coach with no charge. To sign up for team camp email ath-volleyball@fsu.edu

**July 21-23**  
**Grades:** 7-12th  
**Commuter Cost:** \$190  
**Resident Cost:** \$240  
**Additional Coach:** Comm-\$30/ Res-\$100  
**Check-in at:** Tully Gym  
**Check-in Time:** 12:00-1:30pm  
**Start Time:** 2:00pm  
**Lunch not provided on the 21st**

### ELITE TEAM CAMP

Elite Team camp is designed for competitive varsity teams that are state tournament level. We will have advanced training and skill sessions, including offensive and defensive system drills and competitive match style play. Daily competitions and an end-of-camp tournament will be featured. Teams must have a minimum of 8 players and may be accompanied by one coach with no charge. To sign up for team camp email ath-volleyball@fsu.edu

**July 25-27**  
**Grades:** 9-12th  
**Commuter Cost:** \$190  
**Resident Cost:** \$240  
**Additional Coach:** Comm-\$30/ Res-\$100  
**Check-in at:** Tully Gym  
**Check-in Time:** 12:00-1:30pm  
**Start Time:** 2:00pm  
**Lunch not provided on the 25th**

	<u>CIRCLE ALL THAT APPLY</u>	<u>COMMUTER</u>	<u>RESIDENT</u>
May 11	College Prep Camp	\$75	----
May 18-19	Elite College Prep Camp	\$95	----
July 7-9	Elite Individual Camp	\$215	\$275
July 10	College Prep Camp	\$75	----
July 10	Position Camp	\$95	----
July 11-13	Elite Individual Camp	\$215	\$275
July 15	Setting/Passing Camp	\$95	----
July 16	Hitting/Defense Camp	\$95	----
July 17	Hitting/Blocking Camp	\$95	----
July 21-23	Seminole Team Camp	\$190	\$240
July 24	College Prep Camp	\$75	----
July 25-27	Elite Team Camp	\$190	\$240

### PLEASE PRINT LEGIBLY / ALL INFORMATION IS REQUIRED

Camper Name: \_\_\_\_\_

Camper Phone #: \_\_\_\_\_ Age: \_\_\_\_\_

Grade: \_\_\_\_\_ DOB: \_\_\_\_\_ Years of Experience: \_\_\_\_\_

School Name: \_\_\_\_\_

School Coach: \_\_\_\_\_

Food Allergy: \_\_\_\_\_

\*We may not be able to accommodate all food allergies. Please specify if camper will need accommodations or bring their own meals.

T-shirt Size: YL S M L XL 2XL

Position: Only Circle One  
 SETTER LIBERO/DS MIDDLE BLOCKER OH/OPP HITTER

### RESIDENT CAMPERS ONLY

Overnight Housing:  JULY 9- \$35  JULY 10- \$35

\*Breakfast will be included the following morning

Roommate Request: \_\_\_\_\_

\*Must be mutual. Double occupancy per room. Quad rooms

Parent/Legal

Guardian Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent Phone #: \_\_\_\_\_

Email: \_\_\_\_\_

A \$50 DEPOSIT FEE IS DUE WITH EACH REGISTRATION.  
 PAYMENT IN FULL IS DUE BEFORE OR AT CHECK-IN.

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

Send payments to:

Chris Poole

1632 Copperfield Circle

Tallahassee, FL 32312

# PARENTAL/GUARDIAN RELEASE FORM GIRLS ONLY. OPEN TO ANY AND ALL.

I/We, the undersigned, hereby certify that I/We am/are the parent (s) or legal guardian(s) of the participant listed below. I/We hereby give permission for the staff of the camp to seek, during the period of the camp, medical attention for the participant and for the medical attention to be given and for the participant to receive medical attention in the event of accident, injury or illness. I/We, the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge the Chris Poole Florida State camp staff, officers, agents, employees, representatives, successors and assigns of and from all rights and claims for damages, injury, or loss to person or property, which may be sustained during participation in clinic activities or while at the camp, whether or not damages, injury or loss is due to negligence. It shall be understood that participants are contracting with the employee and not Florida State University; the university and the state of Florida do not assume any contractual obligations for the conduct of the employee's activity.

Minor's Name \_\_\_\_\_ Date \_\_\_\_\_

Printed Name of Parent or Guardian \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_

Camper's Insurance Company & Phone Number \_\_\_\_\_

Policy Holder \_\_\_\_\_ Policy Number \_\_\_\_\_

## EMERGENCY CONTACT

First Contact Name: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Second Contact Name: \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

## PHYSICIAN APPROVAL

**A physician's signature to this release is required if separate physical release is not submitted.**

I have examined: \_\_\_\_\_

and found her to be healthy to compete in volleyball camp and general recreational activities of her choosing during the 2019 FSU Volleyball Camps.

Medical Condition(s): \_\_\_\_\_

Current Medication(s): \_\_\_\_\_

Allergies: \_\_\_\_\_

Date of last Tetanus Shot: \_\_\_\_\_

Physician's Phone: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

## MORE INFORMATION

### REGISTRATION:

Registration can be completed online by credit card or by mail via cash or check. To register online visit <https://campscui.active.com/orgs/ChrisPooleVolleyballCamp>. To register by mail- detach the registration form connected to this brochure, fill out completely, and mail to the address below with payment. All remaining balances will be due at check-in before first camp session attended. Please make sure you list a valid email address in order to receive additional camp information.

### CHECK-IN:

All commuter and resident campers will check-in at Tully Gymnasium.

139 Chieftan Way, Tallahassee, FL 32306

Residents will receive their dorm keys at Dorman Hall after check-in at Tully Gym.

### RESIDENT HOUSING:

Resident campers will stay in quads at Dorman Hall. If camper does not request a roommate they will be grouped together by age. There will be two campers per room and two rooms will share a bathroom. Overnight housing July 9th and 10th will be available for players attending multiple camps and breakfast will be included between camps. There will be at least one camp counselor in the dorms with campers at all times.

### MEALS:

Resident campers will receive all meals. Commuters will receive all meals, except breakfast. If you have a food allergy or special diet, please make the staff aware before arriving at camp. Campers staying overnight on the 9th or 10th will receive breakfast the following morning.

### WHAT TO BRING:

RESIDENTS	ALL CAMPERS	
- Twin XL linens/pillow	- Socks & athletic shoes	- Extra money
- Shower towels	- Shorts/spandex/t-shirts	- Water Bottle
- Toiletry items	- Knee pads	

### MEDICAL CARE & PHYSICAL RELEASE:

An athletic trainer will be on duty during camp hours. A recent copy (within 15 months) of a physical is REQUIRED for participation. Campers may bring a copy to check-in or send via email. Online registrants can upload a copy to their account on Active Camps.

### PARKING:

Our camps are always open for parents and friends to come watch! More information about parking will be sent in your confirmation email following your registration. Campus parking is free on weekends and weekdays after 4:30pm.

### TRAVELING CAMPERS:

The TLH airport is located 15 minutes from campus. Campers are responsible for arranging their transportation to and from the airport. FSU staff members can transport campers upon request for a cost of \$10 one-way.

### CANCELLATION POLICY:

Refund requests must be received 2 weeks prior to the start of each camp in order to receive full deposit refund. After the first day of each camp begins no refunds will be given, except in the event of an extenuating circumstance.

# FSU VOLLEYBALL

## HEAD COACH CHRIS POOLE

Ranked 4th for most wins among active Division 1 coaches

824-310 all-time (.727 all-time winning percentage)

274-80 record at Florida State (.774 all-time winning percentage)

175-42 record at Florida State in ACC (.806 all-time winning percentage)

25 career post-season tournament bids

Ten straight appearances in NCAA tournament, including 19 in the last 23 seasons

16 Former and Current US National & International Team Participants

21 AVCA All-Region Honorees

17 AVCA All-America Honorees

25 All-ACC Honorees

## PROGRAM ACCOMPLISHMENTS

### 20 NCAA TOURNAMENT APPEARANCES

1983, '85, '87, '88, '89, '90, '92, '93, '97, '98, '02, '09, '10, '11, '12, '13, '14, '15, '16, '17, '18

### FIVE SWEET 16 APPEARANCES

2009, '11, '13, '14, '16

TWO ELITE EIGHT APPEARANCES 2009, '11

ONE FINAL FOUR APPEARANCE 2011

### FOUR ACC CHAMPIONSHIPS

1998, '09, '11, '12

20 AVCA ALL-AMERICAN HONOREES

40 AVCA ALL-REGION HONOREES

40 ALL-ACC HONOREES

## MORE QUESTIONS

Visit: <http://seminoles.com/chris-poole-volleyball-camps/>

E-mail: [ath-volleyball@fsu.edu](mailto:ath-volleyball@fsu.edu)

Click [HERE](#) To Register Online!