



2019 Women's All-Time Indoor Top 10



60 METERS

1. Tonya Carter	7.15	2000
2. Ka'Tia Seymour	7.19	2019
Michelle Finn	7.19	1987
4. Jayla Kirkland	7.24	2018
5. Marcia Pemberton	7.27	2011
6. Shauna Helps	7.28	2018
7. Marita Payne	7.29c	1984
8. Esmeralda Garcia	7.34	1981
9. Janet Davis	7.36	1984
10. Danielle Jeffery	7.38	2009

200 METERS

1. Ka'Tia Seymour	22.85	2018
2. Jayla Kirkland	23.00-a	2019
3. Shauna Helps	23.02	2018
4. Kala Funderburk	23.41	2015
5. Teona Rodgers	23.42	2009
6. Candyce McGrone	23.46	2010
7. Karimah Davis	23.53	2019
8. Brittany St. Louis	23.68	2009
9. Yashiva Edwards	23.73	1997
10. Sheryl Covington	23.86-a	1993

400 METERS

1. Kala Funderburk	52.26	2015
2. Samantha George	52.81	2000
3. Karimah Davis	53.02	2019
4. Sage Watson	53.42-a	2014
5. Brittany St. Louis	53.83	2011
6. Shaquania Dorsett	53.84	2017
7. Janae Caldwell	53.91	2019
8. Elizabeth Ichite	53.99	2014
9. Janet Davis	54.21	1984
10. Sheryl Covington	54.25	1994

800 METERS

1. Chelsea Jarvis	2:04.45	2016
2. Rikke Ronholt	2:05.84	1998
3. Violah Lagat	2:06.94	2011
4. Angela Harris	2:07.24	1991
5. Laura Gerber	2:07.32	2001
6. Madison Harris	2:07.57	2018
7. Georgia Peel	2:08.01	2013
8. Christal Washington	2:08.02	2009
9. Erica Shepard	2:08.35	1996
10. Colleen Quigley	2:08.69	2015

MILE

1. Colleen Quigley	4:29.67*	2015
2. Amanda Winslow	4:31.08	2013
3. Susan Kuijken	4:34.11	2009
4. Linden Hall	4:34.94	2014
5. Hannah England	4:35.30	2008
6. Pilar McShine	4:35.99	2010
7. Georgia Peel	4:37.21	2013
8. Hannah Brooks	4:37.87	2012
9. Natalie Hughes	4:39.17	2004
10. Bridget Blake	4:39.93	2016

* - ACC Record at David Hemery Valentine Invitational

3000 METERS

1. Susan Kuijken	8:56.27	2009
2. Militsa Mircheva	9:07.33	2019
3. Amanda Winslow	9:08.13	2013
4. Pasca Cheruyiot	9:13.51	2011
5. Colleen Quigley	9:13.79	2013
6. Vicky Gill	9:15.68	2004
7. Jessica Parry	9:15.97	2013
8. Carmela Cardama Baez	9:18.20	2017
9. Hannah England	9:19.25	2008
10. Hannah Brooks	9:20.11	2012

5000 METERS

1. Militsa Mircheva	15:43.30	2019
2. Hannah Walker	15:58.15	2014
3. Vicky Gill	16:00.62	2004
4. Pasca Cheruyiot	16:05.36	2011
5. Carmela Cardama Baez	16:07.49	2017
6. Pippa Woolven	16:08.93	2014
7. Kayleigh Tyerman	16:12.17	2013
8. Rachel Evjen	16:19.19	2004
9. Jennifer Dunn	16:33.00	2012
10. Christine Griggs	16:52.77	2016

60 METER HURDLES

1. Cortney Jones	8.02	2018
2. Teona Rodgers	8.07	2009
3. Meme Jean	8.08	2016
4. Peta-Gay Williams	8.15	2017
5. Anne Zagre	8.21	2013
Kim Jones	8.21	2003
7. Ashley Miller	8.24	2019
8. Nicole Setterington	8.28	2017
Carolyn Faison	8.28c	1982
10. Melissa-Maree Farrington	8.34	2016

PENTATHLON

1. Grete Sadeiko	4105	2015
2. Melissa-Maree Farrington	4086	2016
3. Deanna Lane	3751	2005
4. Alejandra Martinez	3620	2015
5. Margaret Moynihan	3432	1981
6. Ewa Marcinkiewicz	3405	2013
7. Heather LeBlanc	3256	2005
8. Valerie Flournoy	3108	2008
9. Maryke Brits	3076	2014
10. Sara Mackey	3053	2010

LONG JUMP

1. Esmeralda Garcia	6.77m	22-2.5	1981
2. Sonya Blades	6.62	21-8.5	1990
3. Kim Williams	6.55	21-6	2011
4. Rougui Sow	6.49	21-3.5	2019
5. TrINETTE Johnson	6.45	21-2	1993
6. Amy Harris	6.43	21-1.25	2011
7. Jogaike Petrokaite	6.38	20-11.25	2017
Der'Renae Freeman	6.38	20-11.25	2016
9. Kim Jones	6.35	20-10	2002
10. Alice Bennett	6.20	20-4	1981

TRIPLE JUMP

1. Kim Williams	14.23m	46-8.25	2010
2. Michelle Jenije	13.54	44-5.25	2012
3. Esmeralda Garcia	13.51	44-4	1985
4. Alyce Williams	13.31	43-8	2007
5. Tiara Swanagan	13.21	43-4.25	2009
6. Latoya Legree	13.10	42-11.75	2006
7. Amy Harris	12.81	42-0.5	2010
8. Zuzette Mullings	12.75	41-10	1998
9. Izehi Ileso	12.74-a	41-9.5	2014
10. Kim Batten	12.71	41-8.5	1988

HIGH JUMP

1. Eleonora Omoregie	1.88m	6-2	2017
2. Holly Kelly	1.85	6-1	1990
3. Wendy Markham	1.82	5-11.75*	1983
4. Stacey Taylor	1.80	5-10.75	2002
5. Iddiane Henry	1.78	5-10	1994
6. Kiara Wright	1.74	5-8.5	2015
7. Grete Sadeiko	1.73-a	5-8	2014
Carolyn Faison	1.73	5-8*	1982
9. Melissa-Maree Farrington	1.72	5-7.75	2017
10. Safia Morgan	1.70	5-7	2017
Danielle Williams	1.70	5-7	2011
Tiara Swanagan	1.70	5-7	2009
Marla Jackson	1.70	5-7	2005

POLE VAULT

1. Lacy Janson	4.50m	14-9	2006
2. Liz Mabry	4.05	13-3.5	2010
3. Hannah Acton	3.99	13-1	2015
4. Karly Jackson	3.97	13-0.25	2014
5. Lauren Giffin	3.91	12-10	2012
6. Nicole Breske	3.85	12-7.5	2018
7. Lindsay Osborn	3.84	12-7.25	2001
8. Madison Schmidt	3.82	12-6.25	2015
9. Tori Allen	3.81	12-6	2008
10. Megan Robbins	3.80	12-5.5	2002

SHOT PUT

1. Gleneve Grange	17.24m	56-6.75	2018
2. Kamorean Hayes	16.29	53-5.5	2008
3. Chelsea Whalen	16.27	53-4.5	2014
4. Kellion Knibb	16.01-a	52-6.25	2014
5. Ieva Zarankaite	15.97	52-4.75	2018
6. Cerenity Young	15.73	51-7.25	2003
7. Lakitta Johnson	15.58	51-1.5	2015
8. Shannon Cook	15.53	50-11.5	1997
9. Allyn Laughlin	15.45	50-8.25	2010
10. Kim Travers	15.17	49-9.25	1976

WEIGHT THROW

1. Briana Cherry-Bronson	20.98m-a	68-10	2014
2. Sasha-Ann Lebert	20.96	68-9.25	2016
3. Nadia Maffo	20.40	66-11.25	2019
4. Lakitta Johnson	20.15	66-1.50	2015
5. Lakeisha Mose	19.02	62-5	1998
6. Caila Coleman	18.19	59-8.25	2010
7. Veronika Kanuchova	17.63	57-10.25	2017
8. Katja Vangsnes	16.91	55-5.75	2015
9. Sarah Reed	16.85-a	55-3.50	2006
Amanda Kinney	16.85	55-3.50	2003

4x400 RELAY

1. Danvers, Embom, Edwards, Shepard	3:33.59	1996
2. Swanepoel, Funderburk, Pierce, Watson	3:35.26	2015
3. Swanepoel, Funderburk, Watson, Jarvis	3:35.41	2015
4. Aa. Williams, Ae Williams, Richemond, Niako	3:35.92	2006
5. Danvers, Embom, Shepard, Edwards	3:36.36	1997
6. Davis, Levy, Dwyer-Brown, Cletie	3:37.47	1984
7. Richemond, St. Louis, Batchelor, Smith	3:38.13	2008
8. Chandler, Funderburk, Watson, Pierce	3:39.25	2015
9. Mayhew, Norwood, Johnson, Ronholt	3:39.58	1998
10. Caldwell, Kirkland, Seymour, Davis	3:39.66	2019

DISTANCE MEDLEY

1. Winslow, Watson, Peel, Quigley	10:57.41	2013*
2. Parry, Watson, Peel, Quigley	11:00.78	2013
3. Hall, Ichite, Peel, Quigley	11:01.59	2014
4. Jarvis, Swanepoel, Over, Quigley	11:04.53	2015
5. Brooks, Pierce, Worden, Winslow	11:08.17	2012
6. Peel, Swanepoel, Over, Quigley	11:09.82	2015
7. England, Batchelor, Willemse, Kuijken	11:11.03	2008
8. Snow, Smith, Willemse, Kuijken	11:12.96	2009
9. Skyring, Caldwell, Harris, Mircheva	11:13.05	2019
10. Peel, Dorsett, Jarvis, Blake	11:13.34	2016

* - ACC Championship & ACC Record

KEY

c - converted time using USTFCCA standardized track event conversion factors chart

a - performance came at altitude

BOLD - on current roster

Updated through March 9, 2019



2019 Men's All-Time Indoor Top 10



60 METERS

1. Andre Ewers	6.52	2018
Dentarius Locke	6.52-a	2014
3. Marvin Bracy	6.54	2013
4. Kasaun James	6.55	2019
Maurice Mitchell	6.55	2011
6. Kendal Williams	6.56	2015
Kemar Hyman	6.56	2012
8. Darryl Haraway	6.59	2017
Bryand Rincher	6.59-a	2019
Michael Ray Garvin	6.59	2009
Walter Dix	6.59	2006

200 METERS

1. Walter Dix	20.27	2006
2. Maurice Mitchell	20.41	2011
3. Brandon Byram	20.46	2010
4. Kasaun James	20.49	2019
5. Charles Clark	20.50	2008
6. Andre Ewers	20.60	2018
7. Horatio Williams	20.77	2012
8. Michael Ray Garvin	20.79	2008
9. Trentavis Friday	20.86	2015
10. Bryand Rincher	20.90	2019
Stephen Newbold	20.90	2013

400 METERS

1. Ricardo Chambers	45.64	2007
2. James Harris	45.90-a	2014
3. Michael Cherry	46.31	2015
4. Alonzo Russell	46.44-a	2014
5. Kevin Ansley	46.73	1993
6. DaeQwan Butler	46.87	2019
7. Stephen Newbold	46.98	2013
8. Charles Clark	47.03	2008
9. Ronnie Taylor	47.09c	1982
10. Michael Jennings	47.14	2000

800 METERS

1. Jake Burton	1:47.72	2016
2. Otniel Teixeira	1:48.47	2016
3. Darrin Gibson	1:48.78	2012
4. Rob Circelli	1:48.86	1991
5. Andrew Krumins	1:49.23	2008
6. Ocky Clark	1:49.86	1986
7. Philip Rolle	1:50.59c	1982
8. Bert Freire	1:50.70	2017
9. George Gardner	1:50.94	1986
10. Tim Middlekoop	1:51.12	1993

MILE

1. Tom Lancashire	3:58.52	2006
2. David Forrester	3:59.13	2012
3. Michael Hall	3:59.37	2018
4. Daniel Roberts	4:03.62	2009
5. Matt Leeder	4:03.65	2009
6. Zak Seddon	4:04.03	2016
7. Harry Mulenga	4:04.36	2017
8. Justin Harbour	4:04.67	2009
9. Mark Buckingham	4:05.34	2007
10. Mike Fout	4:05.47	2013

3000 METERS

1. Luke Gunn	7:53.97	2008
2. Mark Buckingham	7:55.98	2008
3. Tom Lancashire	7:56.01	2007
4. Matt Leeder	7:56.06	2009
5. Daniel Roberts	7:57.62	2009
6. David Forrester	7:57.93	2012
7. Zak Seddon	7:59.40	2015
8. Andrew Lemoncello	8:00.09	2007
9. Herb Wills	8:03.44c	1982
10. Jakub Zivec	8:04.61	2013

5000 METERS

1. Andrew Lemoncello	13:46.00	2007
2. Mike Fout	13:56.52	2011
3. Herb Wills	14:00.10	1982
4. Steeve Gabart	14:07.50	2009
5. Breandan O'Neill	14:10.96	2013
6. Ciaran O'Lionaird	14:10.99	2010
7. Jack Goodwin	14:12.97	2015
8. Joep Tigchelaar	14:15.60	2003
9. Bryant Blahnik	14:18.45	2014
10. Glen Yarham	14:23.83	2014

60 METER HURDLES

1. Trey Cunningham	7.53	2019
Drew Brunson	7.53	2008
3. Arthur Blake	7.59c	1987
4. Phillip Riley	7.64c	1995
5. Leander McKenzie	7.85c	1984
6. Rodney Lawson	7.89c	1989
7. John Citron	7.90c	1978
8. Tye Highman	7.91	2018
9. Tremaine Grant	7.94	2012
10. Gonzalo Barroilhet	7.98	2008

HEPTATHLON

1. Gonzalo Barroilhet	5951	2008
2. Pelle Rietveld	5620	2009
3. Dante Newberg	5291	2018
4. Matt Frith	4917	2006
5. David Lott	4857	2019
6. Daniel Salgado	4717	2012
7. Jacob Peacock	4683	2006
8. Hunter Napier	4368	2019
9. Chris Snow	4356	2012
10. Collin Lomagistre	4080	2010

LONG JUMP

1. Ngoni Makusha	8.21m	26-11.25	2009
2. Corion Knight	8.02	26-3.75	2018
Brian Chibudu	8.02	26-3.75	2010
4. Jalen Ramsey	7.97	26-1.75	2015
5. Joe Allen	7.85	25-9.25	2001
6. Stefan Brits	7.82	25-8	2016
7. Kenneth Fisher	7.81	25-7.5	2018
8. Billy Close	7.78	25-6.25	1987
9. Kelsey Nash	7.72	25-3.75	1994
10. Paul Madzivire	7.70	25-3.25	2014

TRIPLE JUMP

1. Armani Wallace	16.72m-a	54-10.25	2019
2. Rafeeq Curry	16.60-a	54-5.5	2006
3. Kelsey Nash	16.44	53-11.25	1994
4. Jonathan Reid	16.32	53-6.5	2014
5. Rayon Taylor	16.22	53-2.75	2008
6. Phillip Young	16.00	52-6	2012
Joe Allen	16.00	52-6	2000
8. Montel Nevers	15.90	52-2	2017
9. Andy Latimer	15.84	51-11.5	1984
10. Leon Hutchins	15.74	51-7.5	1981

HIGH JUMP

1. James Harris	2.32m-a	7-7.25	2014
2. Shawn Brown	2.23	7-3.75	2001
3. Darrell Willis	2.22-a	7-3.5^	1986
4. Kenny Smith	2.20	7-2.75^	1983
5. Andrew Batchelor	2.20	7-2.5	2010
6. Tom Stitt	2.19	7-2.25	1987
Gary Snells	2.19	7-2.25	1987
8. Larry Sayers	2.18	7-1.75^	1980
Darius King	2.18	7-1.75	2014
10. Corion Knight	2.16	7-1	2018
Ed'Ricus Williams	2.16	7-1	2017
Jeff Nedimyer	2.16	7-1^	1976
Kevin Crist	2.16	7-1	1991
Anthony Washington	2.16	7-1	1994

POLE VAULT

1. Jeff Bray	5.50m	18-0.5	1992
2. Tom Riether	5.38	17-8	1988
3. Larry Carr	5.35	17-6.75	1989
4. Gonzalo Barroilhet	5.35	17-6.5	2012
5. Andrew LaHaye	5.31	17-5	2013
6. Jason Dean	5.30	17-4.5	1999
7. Jeff Atkinson	5.27	17-3.5	2002
8. Phares Rolle	5.23	17-2	1976
9. Matt Hurley	5.20	17-0.75	2007
10. Brian Fitzsimmons	5.03	16-6	1986

SHOT PUT

1. Garrett Johnson	20.48m	67-2.25	2006
2. Austin Drogosma	20.10	65-11.5	2018
3. Michael Putman	19.20	63-0	2012
4. Ben Bonhurst	19.05	62-6	2015
5. Dorian Scott	18.85	61-10.25	2003
6. Emmanuel Oniya	18.01	59-1.25	2017
7. Mike Bell	17.98	59-0	1987
8. Chad DaCosta	17.91	58-9.25	2016
9. Stargell Williams	17.76	58-3.25	2015
John Fallone	17.76	58-3.25	2007

WEIGHT THROW

1. B.J. Linnenbrink	20.91m	68-7.25	2002
2. Andrew Diakos	19.97	65-6.25	2006
3. Markindey Sineus	19.81	65-0	2015
4. Brandon Tirado	19.79	64-11.25	2018
5. Jody Lawrence	18.75	61-6.25	1998
6. Matt Wernke	18.71	61-4.75	2009
7. William Shirk	18.17	59-7.5	1997
8. Josh Bowling	18.15	59-6.75	2002
9. Dan Royal	18.14	59-6.25	2004
10. Travis Whitfield	18.01	59-1.25	2010

4x400 RELAY

1. Russell, Harris, Locke, Newbold	3:05.13	2013
2. J. Borlee, K. Borlee, Williams, O'Connor	3:05.48	2009
3. Williams, K. Borlee, O'Connor, J. Borlee	3:05.97	2009
4. Russell, Roy, Cherry, Harris	3:06.79	2014
5. Locke, Russell, Harris, Roy	3:07.26	2014
6. Buchanan, Dix, Chambers, Clark	3:07.35	2007
7. Buchanan, Navarette, Clark, Dix	3:07.41	2008
8. Buchanan, Navarette, Byram, Clark	3:07.47	2008
9. Russell, Cherry, Locke, Harris	3:07.70	2014
10. Russell, Harris, Cherry, Roy	3:07.87	2014

DISTANCE MEDLEY

1. Mulenga, Simpkins, Freire, Hall	9:33.39	2017
2. Buckingham, Buchanan, Jesensky, Lancashire	9:37.26	2007
3. Teixeira, Rose, Burton, Seddon	9:39.50	2015
4. Seddon, Roy, Butler, Mulenga	9:45.56	2016
5. Smyth, Navarette, Gibson, Forrester	9:45.80	2011
6. Hardwick, Golson, Freire, Szogi	9:46.05	2018
7. Teixeira, Rose, Butler, Seddon	9:48.36	2015
8. Seddon, Moona, Teixeira, Mulenga	9:48.37	2016
9. Buckingham, Francis, Noyes, Gunn	9:49.86	2008
10. Buckingham, Wood, Wilson, Lancashire	9:50.41	2007

BOLD - on current roster

KEY

c - converted time using USTFCCA standardized track event conversion factors chart

a - performance came at altitude

^ - performance contested in Imperial measurement

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