

**Tiger Paw Invitational**

**MEN**

Name	Pronunciation	Event(s)	Indoor PBs
Taylor Banks		60m	6.66
DaeQwan Butler	Day-Qwahn	400m	46.87
Braxton Canady	Can-uh-dee	60m Hurdles	7.72a/7.73
Darius Clark	Dare-ee-us	Long Jump	7.69m (25-2.75)
Trey Cunningham		60m Hurdles	7.52a
Cameron Daniel		400m	47.97
Jeremiah Davis		Long Jump/Triple Jump	7.64m (25-0.75)/14.37 (47-1.75)
Fabian Edoki	Fay-be-en Eh-doak-ee	Long Jump	8.01m (26-3.5)
Kyle Fearrington		400m	47.41
Darryl Gay		60m	6.71
Isaac Grimes		Long Jump/Triple Jump	8.00m (26-3)/15.75 (51-8.25)
Tyricke Highman	Tie-reek	60m Hurdles	7.78
Milton Ingraham		Shot Put	17.61m (55-2)
Jacore Irving	Juh-core-ee	Long Jump/Triple Jump	7.34m (24-1)/15.70 (51-6.25)
Sanjae Lawrence	Sahn-jay	Shot Put	18.39m (60-4)
Tshenolo Lemao	teh-nolo leh-mayo	60m	NT
Jhevaughn Matherson	Jeh-vahn	60m	6.65
Nick Napier		Pole Vault	4.65m (15-3)
Caleb Parker		60m Hurdles/High Jump	7.61a/2.20m (7-2.5)
Winston Quinn		800m	1:57.67 (1:57.34*)
James Rivera		800m	NT
Austin Thompson		Pole Vault	4.80m (15-9)

**WOMEN**

Kate Bernicke	Burr-nicky	5000m	NT
Nicole Breske	Bress-key	Pole Vault	3.85m (12-7.75)
Deja Bush	Day-juh	60m	7.71
Janae Caldwell	Juh-nay	400m	53.91
Kimmie Cunningham		400m	56.56
Karimah Davis	kuh-reem-uh	400m	53.02
Ginelle DeMone	deh-moan	800m	2:08.70
Jazmyn Dennis	jazz-mihn	Pole Vault	4.00m (13-1.5)
Trentorria Green	Tren-tore-ee-uh	Long Jump/Triple Jump	5.65m (18-6.5)/12.75m (41-10)
Amani Heaven	uh-mahn-nee	Shot Put	15.17m (49-9.25)
Jayla Kirkland		60m/200m	7.17/23.00
Jennifer Lima	Lee-muh	Mile/3000m	5:00.62/9:54.49
Kayla Maczuga	mack-zoo-guh	High Jump	1.69m (5-6.5)
Nadia Maffo	mah-foe	Weight Throw	20.47m (67-2)
Edidiong Odiong	eh-did-ee-ong oh-dee-ong	200m	24.24
Erin Phelps		5000m	NT
Ka'Tia Seymour	kay-tee-uh	200m	22.85

# David Hemery Valentine Invitational

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## MEN

Name	Pronunciation	Event(s)	Indoor PBs
Steven Cross		5000m	14:51.21
Gabe Curtis		3000m	8:31.59
Tyler Dau	Dow	Mile	4:08.54
Humberto (Bert) Freire	Free-air-ee	Mile	4:07.83
Silas Griffith		5000m	14:52.97
Jacob Holmes		3000m	8:20.69
Kasey Knevelbaard	Keh-naval-bard	Mile/3000m	3:58.54/7:54.85
Caleb Pottorff	Pot-orf	3000m	14:25.05

## WOMEN

Yasmine Abbes	yas-mean abb-ess	800m	2:12.49
Rebecca Clark		5000m	NT
Addison (Addi) Coggins		3000m	9:46.69
Kayla Easterly		3000m	9:59.91
Elizabeth Funderburk		5000m	NT
Megan Mooney		3000m	9:40.79
Maudie Skyring		Mile	4:39.29
Ella Swigler		5000m	NT
Eleanor (Ellie) Wallace		Mile	4:54.72

# FSU Women's Indoor All-Time Top 10 List

60 METERS		3000 METERS		TRIPLE JUMP		WEIGHT THROW	
1. Tonya Carter	7.15	2000	8:56.27	2009	14.23m	46-8.25	2010
2. <b>Jayla Kirkland</b>	<b>7.17</b>	<b>2020</b>	9:07.33	2019	13.54	44-5.25	2012
3. <b>Ka'Tia Seymour</b>	<b>7.19</b>	<b>2019</b>	9:08.13	2013	13.51	44-4	1985
Michelle Finn	7.19	1987	9:13.51	2011	13.31	43-8	2007
5. Marela Pemberton	7.27	2018	9:13.79	2013	13.21	43-4.25	2009
6. Shauna Helps	7.28	2018	9:15.68	2004	13.10	42-11.75	2006
7. Marita Payne	7.29c	1984	9:15.97	2013	12.81	42-0.5	2010
8. Esmeralda Garcia	7.34	1981	9:18.20	2017	<b>12.75</b>	<b>41-10</b>	<b>2020</b>
9. Janet Davis	7.36	1984	9:19.25	2008	12.75	41-10	1998
10. Danielle Jeffery	7.38	2009	9:20.11	2012	12.74-a	41-9.5	2014
<b>200 METERS</b>		<b>5000 METERS</b>		<b>HIGH JUMP</b>		<b>4x400 RELAY</b>	
1. <b>Ka'Tia Seymour</b>	<b>22.85</b>	<b>2018</b>	15:43.30	2019	1.88m	6-2	2017
2. <b>Jayla Kirkland</b>	<b>23.00-a</b>	<b>2019</b>	15:58.15	2014	1.85	6-1	1990
3. Shauna Helps	23.02	2018	16:00.62	2004	1.82	5-11.75^a	1983
4. Kala Funderburk	23.41	2015	16:05.36	2011	1.80	5-10.75	2002
5. Teona Rodgers	23.42	2009	16:07.49	2017	1.78	5-10	1994
6. Candyce McGrone	23.46	2010	16:08.93	2014	1.74	5-8.5	2015
7. <b>Karimah Davis</b>	<b>23.53</b>	<b>2019</b>	16:12.17	2013	1.73-a	5-8	2014
8. Brittany St. Louis	23.68	2009	16:19.19	2004	1.73	5-8^a	1982
9. Yashva Edwards	23.73	1997	16:33.00	2012	1.72	5-7.75	2017
10. Sheryl Covington	23.86-a	1993	16:52.77	2016	1.70	5-7	2017
<b>400 METERS</b>		<b>60 METER HURDLES</b>		<b>POLE VAULT</b>		<b>DISTANCE MEDLEY</b>	
1. Kala Funderburk	52.26	2015	8.02	2018	4.50m	14-9	2006
2. Samantha George	52.81	2000	8.07	2009	4.05	13-3.5	2010
3. <b>Karimah Davis</b>	<b>53.02</b>	<b>2019</b>	8.08	2016	<b>4.00</b>	<b>13-1.5</b>	<b>2020</b>
4. Sage Watson	53.42-a	2014	8.15	<b>2017</b>	3.99	13-1	2015
5. Brittany St. Louis	53.83	2011	8.21	2013	3.97	13-0.25	2014
6. Shaquania Dorsett	53.84	2017	8.21	<b>2003</b>	3.91	12-10	2012
7. <b>Janae Caldwell</b>	<b>53.91</b>	<b>2019</b>	8.24	<b>2019</b>	<b>3.85</b>	<b>12-7.5</b>	<b>2018</b>
8. Elizabeth Ichite	53.99	2014	8.28	2017	3.84	12-7.25	2001
9. Janet Davis	54.21	1984	8.28c	1982	3.82	12-6.25	2015
10. Sheryl Covington	54.25	1994	8.34	2016	3.81	12-6	2008
<b>800 METERS</b>		<b>PENTATHLON</b>		<b>SHOT PUT</b>		<b>KEY</b>	
1. Chelsea Jarvis	2:04.45	2016	4:105	2015	17.24m	56-6.75	2018
2. Rikke Ronholt	2:05.84	1998	4:086	2016	16.29	53-5.5	2008
3. Violah Lagat	2:06.94	2011	3:751	2005	16.27	53-4.5	2014
4. Angela Harris	2:07.24	1991	3:620	2015	16.01-a	52-6.25	2014
5. Laura Gerber	2:07.32	2001	3:432	1981	15.97	52-4.75	2018
6. Madison Harris	2:07.57	2018	3:405	2013	15.73	51-7.25	2003
7. Georgia Peel	2:08.01	2009	3:286	2005	15.58	51-1.5	2015
8. Christal Washington	2:08.02	2009	3:108	2008	15.53	50-11.5	1997
9. Erica Shepard	2:08.35	1996	3:076	2014	15.45	50-8.25	2010
10. Colleen Quigley	2:08.69	2015	3:053	2010	<b>15.17</b>	<b>49-9.25</b>	<b>2020</b>
<b>MILE</b>		<b>LONG JUMP</b>		<b>10. Anami Heaven</b>		<b>Updated through February 2, 2020</b>	
1. Colleen Quigley	4:29.67*	2015	6.77m	22-2.5	1976		
2. Amanda Winslow	4:31.08	2013	6.62	21-8.5	1990		
3. Susan Kuijken	4:34.11	2009	6.55	21-6	2011		
4. Linden Hall	4:34.94	2014	6.49	21-3.5	2019		
5. Hannah England	4:35.30	2008	6.45	21-2	1993		
6. Pilar McShine	4:35.99	2010	6.43	21-1.25	2011		
7. Georgia Peel	4:37.21	2013	6.38	20-11.25	2017		
8. Hannah Brooks	4:37.87	2012	6.36	20-11.25	2016		
9. Natalie Hughes	4:39.17	2004	6.35	20-10	2002		
10. <b>Maudie Skyring</b>	<b>4:39.29</b>	<b>2020</b>	6.20	20-4	1981		

\* - ACC Record at David Hemery Valentine Invitational

c - converted time using USFTCCCA standardized track event conversion factors chart

a - performance came at altitude

**BOLD** - on current roster

*Updated through February 2, 2020*

# FSU Men's Indoor All-Time Top 10 List

60 METERS		3000 METERS		100 METERS		TRIPLE JUMP		WEIGHT THROW			
1. Andre Ewers	6.52	1. Luke Gunn	7:53.97	2008	16.72m-a	54-10.25	2019	1. B.J. Limmenbrink	20.91m	68-7.25	2002
2. Dentarius Locke	6:52-a	2. Mark Buckingham	7:55.98	2008	16.60-a	54-5.5	2006	2. Andrew Diakos	19.97	65-6.25	2006
3. Marvin Bracy	6.54	3. Tom Lancashire	7:56.01	2007	16.44	53-11.25	1994	3. Markindey Sineus	19.81	65-0	2015
4. Kasaun James	6.55	4. Matt Leeder	7:56.06	2009	16.32	53-6.5	2014	4. Brandon Tirado	19.79	64-11.25	2018
5. Maurice Mitchell	6.55	5. Daniel Roberts	7:57.62	2009	16.22	53-2.75	2008	5. Jody Lawrence	18.75	61+6.25	1998
6. Kendal Williams	6.56	6. David Forrester	7:57.93	2012	16.00	52-6	2012	6. Matt Wemke	18.71	61-4.75	2009
7. Kemar Hyman	6.56	7. Zak Seddon	7:59.40	2015	16.00	52-6	2000	7. William Shirk	18.17	59-7.5	1997
8. Bryand Rincher	6:59-a	8. Andrew Lemoncello	8:00.09	2007	15.90	52-2	2017	8. Josh Bowling	18.15	59-6.75	2002
9. Walter Dix	6.59	9. Herb Willis	8:03.44c	1982	15.84	51-11.5	1984	9. Dan Royal	18.14	59-6.25	2004
10. Darryl Haraway	6.59	10. Jakub Zivoc	8:04.61	2013	15.74	51-7.5	1981	10. Travis Whitfield	18.01	59-1.25	2010
11. Michael Ray Garvin	6.59										
200 METERS		5000 METERS		1000 METERS		HIGH JUMP		4x400 RELAY			
1. Walter Dix	20.27	1. Andrew Lemoncello	13:46.00	2007	2.32m-a	7-7.25	2014	1. Russell, Harris, Locke, Newbold	3:05.13	2013	
2. Maurice Mitchell	20.41	2. Mike Fout	13:56.52	2011	2.23	7-3.75	2001	2. J. Borlee, K. Borlee, Williams, O'Connor	3:05.48	2009	
3. Brandon Byram	20.46	3. Herb Willis	14:00.10	1982	2.22-a	7-3.5^a	1986	3. Williams, K. Borlee, O'Connor, J. Borlee	3:05.97	2009	
4. Kasaun James	20.49	4. Steeve Gabart	14:07.50	2009	2.20	7-2.75^a	1983	4. Russell, Roy, Cherry, Harris	3:06.79	2014	
5. Charles Clark	20.50	5. Breandan O'Neill	14:10.96	2013	2.20	7-2.5	2020	5. Locke, Russell, Harris, Roy	3:07.26	2014	
6. Andre Ewers	20.60	6. Cianan O'Lonnaird	14:10.99	2010	2.20	7-2.5	2010	6. Buchanan, Dix, Chambers, Clark	3:07.35	2007	
7. Horatio Williams	20.77	7. Jack Goodwin	14:12.97	2015	2.19	7-2.25	1987	7. Buchanan, Navarette, Clark, Dix	3:07.41	2008	
8. Michael Ray Garvin	20.79	8. Joep Tigchelaar	14:15.60	2003	2.19	7-2.25	1987	8. Buchanan, Navarette, Byram, Clark	3:07.47	2008	
9. Trentavis Friday	20.86	9. Bryant Blahnik	14:18.45	2014	2.18	7-1.75^a	1980	9. Russell, Cherry, Locke, Harris	3:07.70	2014	
10. Bryand Rincher	20.90	10. Glen Yarham	14:23.83	2014	2.18	7-1.75	2014	10. Russell, Harris, Cherry, Roy	3:07.87	2014	
Stephen Newbold	20.90										
400 METERS		60 METER HURDLES		100 METER HURDLES		POLE VAULT		DISTANCE MEDLEY			
1. Ricardo Chambers	45.64	1. Trey Cunningham	7:52-a	2020	5.50m	18-0.5	1992	1. Mulenga, Simpkins, Freire, Hall	9:33.39	2017	
2. James Harris	45:90-a	2. Drew Brunson	7.53	2008	5.38	17-8	1988	2. Buckingham, Buchanan, Jesensky, Lancashire	9:37.26	2007	
3. Michael Cherry	46.31	3. Arthur Blake	7:59c	1987	5.35	17-6.75	1989	3. Teixeira, Rose, Burton, Seddon	9:39.50	2015	
4. Alonzo Russell	46.44-a	4. Caleb Parker	7:61-a	2020	5.35	17-6.5	2012	4. Freire, Daniels, Dau, Knevelbaard	9:40.80	2020	
5. Kevin Anslay	46.73	5. Phillip Riley	7:64c	1995	5.31	17-5	2013	5. Seddon, Roy, Butler, Mulenga	9:45.56	2016	
6. DaeQwan Butler	46.87	6. Braxton Canady	7:73	2020	5.30	17-4.5	1999	6. Smyth, Navarette, Gibson, Forrester	9:45.80	2011	
7. Stephen Newbold	46.98	7. Tyrreek Highman	7:78	2020	5.27	17-3.5	2002	7. Harwick, Golsen, Freire, Szogi	9:46.05	2018	
8. Charles Clark	47.03	8. Leander McKenzie	7:85c	1984	5.23	17-2	1976	8. Teixeira, Rose, Butler, Seddon	9:48.36	2015	
9. Ronnie Taylor	47:09c	9. Rodney Lawson	7:89c	1989	5.20	17-0.75	2007	9. Seddon, Moona, Teixeira, Mulenga	9:48.37	2016	
10. Michael Jennings	47:14	10. John Citron	7:90c	1978	5.03	16-6	1986	10. Buckingham, Francis, Noyes, Gunn	9:49.86	2008	
800 METERS		HEPTATHLON		1500 METERS		SHOT PUT		BOLD - on current roster			
1. Jake Burton	1:47.72	1. Gonزالo Barroilhet	5951	2008	20.48m	67-2.25	2006	KEY	c - converted time using USTFCCA standardized track event conversion factors chart		
2. Omiel Teixeira	1:48.47	2. Pelle Rietveld	5820	2009	20.10	65-11.5	2018	a - performance came at altitude	^ - performance contested in imperial measurement		
3. Darrin Gibson	1:48.78	3. Dante Newberg	5291	2018	19.20	63-0	2012	<b>Updated through February 2, 2020</b>			
4. Rob Circelli	1:48.86	4. Matt Frith	4917	2006	19.05	62-6	2015				
5. Andrew Krumins	1:49.23	5. David Lott	4857	2019	18.85	61-10.25	2003				
6. Ocky Clark	1:49.86	6. Daniel Salgado	4717	2012	18.01	59-1.25	2017				
7. Philip Rolle	1:50.59c	7. Jacob Peacock	4683	2006	17.98	59-0	1987				
8. Bert Freire	1:50.70	8. Hunter Napier	4368	2019	17.91	58-9.25	2016				
9. George Gardner	1:50.94	9. Chris Snow	4356	2012	17.76	58-3.25	2015				
10. Tim Middlekoop	1:51.12	10. Collin Lomagestre	4080	2010	17.76	58-3.25	2007				
MILE		LONG JUMP		1600 METERS		MILE		1600 METERS			
1. Tom Lancashire	3:58.52	1. Ngoni Makusha	8.21m	2009	26-11.25	2009	1. Tom Lancashire	4:05.34	2007		
2. David Forrester	3:59.13	2. Corion Knight	8.02	2018	26-3.75	2018	2. David Forrester	4:04.36	2017		
3. Michael Hall	3:59.37	3. Brian Chibudu	8.02	2010	26-3.75	2010	3. Michael Hall	4:04.36	2017		
4. Kasey Knevelbaard	4:03.09	4. Isaac Grimes	8.00	2020	26-3	2020	4. Kasey Knevelbaard	4:04.67	2009		
5. Daniel Roberts	4:03.62	5. Jalen Ramsey	7.97	2015	26-1.75	2015	5. Daniel Roberts	4:05.34	2007		
6. Matt Leeder	4:03.65	6. Joe Allen	7.85	2001	25-9.25	2001	6. Matt Leeder	4:05.34	2007		
7. Zak Seddon	4:04.03	7. Fabian Eddoki	7.82	2020	25-8	2020	7. Zak Seddon	4:05.34	2007		
8. Harry Mulenga	4:04.36	8. Stefan Brits	7.82	2016	25-8	2016	8. Harry Mulenga	4:05.34	2007		
9. Justin Harbour	4:04.67	9. Kenneth Fisher	7.81	2018	25-7.5	2018	9. Justin Harbour	4:05.34	2007		
10. Mark Buckingham	4:05.34	10. Billy Close	7.78	1987	25-6.25	1987	10. Mark Buckingham	4:05.34	2007		

# 2020 ACC Indoor Championship Qualifiers

Event	Women	Men
60m	7.46 Kirkland, Seymour	6.85 Banks, Matherson
200m	24.08 Seymour, Kirkland, Davis	21.58 Matherson
400m	54.60 Caldwell	47.96 Butler, Fearrington
800m	2:09.50	1:51.62
Mile	4:48.23 Skyring	4:08.72 Knevelbaard, Freire
3000m	9:30.39 Skyring	8:13.60
5000m	16:47.12	14:21.13
60HH	8.44	8.12 Cunningham, Parker Canady, Highman
High Jump	1.66m	2.02m Parker
Pole Vault	3.97m Dennis	4.80m Thompson
Long Jump	5.81m	7.09m Grimes, Edoki, Davis, Clark, Irving
Triple Jump	12.15m Green	14.40m Irving
Shot Put	13.93m Heaven	16.32m Ingraham, Lawrence
Weight Throw	17.94m Maffo	17.84m