



# 2022 FSU XC INVITE

OCT. 7 · APALACHEE REGIONAL PARK · TALLHASSEE, FLA.

## FSU XC Invite - Oct. 7

Florida State University will be hosting a major cross country meet at the championship course at Apalachee Region Park, the site of the 2021 NCAA Fall Cross Country Championship. There will be 2 races per gender- Men's 8k / Women's 5k. Schools will be limited to 15 entered athletes per gender, with up to 9 in the Garnet Race, the others competing in the Open Race.

The Garnet Race will be the top 25 seeded teams, based up data submitted on the Intent to Compete form.

Intent to Compete Forms are due September 19 - 5:00 pm. Final race assignments will be posted on September 23- 5:00 pm at <https://seminoles.com/sports/crosscountry/>

### Race Times:

7:40 AM	Men's 8K GARNET
8:10 AM	Women's 5K GARNET
8:35 AM	Men's 8K OPEN
9:05 AM	Women's 5K OPEN

SCHOOL: \_\_\_\_\_ MEN \_\_\_\_\_ WOMEN \_\_\_\_\_

CONTACT INFO: \_\_\_\_\_

(NAME)

(EMAIL)

(CELL)

TOP RUNNERS (PB'S AND TOP FINISHES): \_\_\_\_\_

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PROJECTED NUMBER OF RUNNERS COMPETING: \_\_\_\_\_

PROJECTED NUMBER OF STAFF ATTENDING: \_\_\_\_\_

WILL YOU BE TRAVELING BY BUS: \_\_\_\_\_

TEAM HOTEL/ROOM NIGHTS : \_\_\_\_\_

**PLEASE RETURN TO [DY22@FSU.EDU](mailto:DY22@FSU.EDU) BY **SEPT. 19****