



# 2022 FSU XC INVITE

OCT. 7 • APALACHEE REGIONAL PARK • TALLAHASSEE, FLA.

## Collegiate Meet Information

Open to all universities and colleges, regardless of Division.

There will be 2 races per gender- men's 8k and women's 5k. Schools will be limited to 15 athletes per gender, but only 8 in their assigned race, the others racing in the Open race.

The Garnet race will be **the top 25 teams of up to 8 runners entered, determined by the meet coordinator.**

The Open Race will be all other teams and individuals.

The Garnet Race will be the top 25 seeded teams, based on data submitted on the updated Intent to Compete form.

## Intent to Compete Forms

We encourage return of forms as soon as possible, however they are due **September 19 - 5:00 pm**. Final race assignments will be posted on **September 23 - 5:00 pm** at <https://seminoles.com/sports/crosscountry/>

## Registration Information

Register via DirectAthletics

Entry fee is \$350 per team, per gender. Up to 15 total runners allowed with Team entry. \$10 for additional unattached/open college runners (beyond the 15) - with valid college ID.

\$30 for Open Post-Collegians

Individuals requesting to compete in the meet must reach out to the meet coordinator by e-mail.

Entries will close on September 30 at 5 p.m.

**Make Payment to:**

**Direct Athletics**

*Payment is required online only*

## Packet Pick-Up & Course Review

Thursday, October 6 from 9 a.m.-5 p.m. Course maps will be available and can also be found on the cross country page at [Seminoles.com](http://Seminoles.com).

## Timing

Primetime Timing - [pttiming.com](http://pttiming.com) - will provide live results, including splits. Copies of results available upon request.

## Officiating

The TLH Track & Field Officials Assoc., Inc. will officiate, monitoring races and rendering all protest rulings.

## Directions & Contact Information

Apalachee Regional Park

7550 Apalachee Parkway (US-27) Tallahassee, FL 32311-3448

**Visit Tallahassee:** Ryan Zornes, Director

[Ryan.Zornes@visittallahassee.com](mailto:Ryan.Zornes@visittallahassee.com) - 850-606-2317

**Meet Coordinator:** Dillon Yearby

[dyearby@fsu.edu](mailto:dyearby@fsu.edu) - 812-549-9722

## MEET SCHEDULE

### Thursday, October 6

9 AM - 5 PM - Packet Pick-Up/Course Review

### Friday, October 7

6:00 AM	Course Opens
7:40 AM	Men's 8K GARNET
8:10 AM	Women's 5K GARNET
8:35 AM	Men's 8K OPEN
9:05 AM	Women's 5K OPEN