

## Tentative 2023 FSU Relays Track & Field Schedule

### Thursday, March 23

2:00 pm	Hammer (Women, followed by Men)
5:00 pm	Pole Vault (Women, followed by Men)
	Long Jump (Women, followed by Men)
	Shot Put (Women, followed by Men)
	High Jump (Women, followed by Men)
7:00 pm	200m Dash (Women)
7:15 pm	200m Dash (Men)
8:00 pm	5,000m Run (Women)
8:30 pm	5,000m Run (Men)

### Friday March 24

10:30 am	Discus (Women, followed by Men)
1:00 pm	Triple Jump (Women, followed by Men)
	Javelin (Women, followed by Men)
12:00 pm	100m HH (Women)
12:10 pm	110m HH (Men)
12:25 pm	800m Run (Women)
12:40 pm	800m Run (Men)
12:50 pm	4x100m Relay (Women)
12:55 pm	4x100m Relay (Men)
1:00 pm	400m Dash (Women)
1:15 pm	400m Dash (Men)
1:30 pm	100m Dash (Women)
1:45 pm	100m Dash (Men)
2:00 pm	400m Hurdles (Women)
2:05 pm	400m Hurdles (Men)
2:10 pm	1,500m Run (Women)
2:20 pm	1,500m Run (Men)
2:35 pm	4x400m Relay (Women)
2:50 pm	4x400m Relay (Men)
<b>3:00 pm</b>	<b>Alumni Recognition</b>
<b>3:20 pm</b>	<b>FSU T&amp;F Senior Recognition</b>

## High School Meet Begins

### Friday, March 24

- 6:00 pm Girls Javelin (boys follow)
- 6:30 pm Girls 800 meters (boys follow)
- 7:15 pm Girls 200 meters (boys follow)
- 8:00 pm Girls Invitational 3200 meters (boys follow)

### Saturday, March 25

- 7:30 am Girls Consolation 3200 meters (boys follow)  
Girls Consolation 1600 meters (boys follow)
- 10:00 am Boys Pole Vault  
Girls High Jump  
Girls Shot Put  
Boys Discus  
Boys Long Jump  
Girls Long Jump
- 11:00 am National Anthem**
- 11:10 am Girls 100 hurdles
- 11:20 am Boys 110 hurdles
- 11:30 am Girls 4x800 relay (boys follow)
- 12:20 pm Girls 400 dash (boys follow)
- 12:40 pm Girls 100 dash (boys follow)
- 12:50 pm Girls 400 hurdles (boys follow)
- 1:00 pm Girls Pole Vault  
Boys High Jump  
Boys Shot Put  
Girls Discus  
Boys Triple Jump  
Girls Triple Jump
- 1:20 pm Girls 4x100 relay (boys follow)
- 1:45 pm Girls Invitational 1600 (boys follow)
- 2:25 pm Girls 4x400 relay (boys follow)
- 3:00 pm Awards**