



College Meet Information

Meet Info Here: [FSU Track & Field Links](#)

The college portion of the 2023 FSU Relays is by invitation only and in addition to host Florida State will include: Auburn, Florida, FAMU, Georgia Tech, Kansas, Southern Miss, and Syracuse.

- College events will be contested Thursday, March 23 and Friday, March 25.
- Register via [Directathletics.com](#). The deadline is Monday, March 20 by 5 p.m. (ET). Accepted entries will be posted on the [FSU Track Website](#). The entry fee will be \$650 per team, per gender. Unattached entries will be \$50 per person.
- Unattached entries will be limited to individuals that are associated with the teams participating in the meet. Please send all unattached requests to Dillon Yearby at dy22@fsu.edu prior by the registration deadline on Monday, March 20 at 5:00 PM for approval. Entries will be posted on [seminoles.com](#) on Tuesday, March 21 by 5 p.m.
- Direct all college meet questions to Dillon Yearby at dy22@fsu.edu.

Packet Pick-Up

Packet pick-up will be available upon arrival to the track, through 4:00 p.m. Thursday.

Event Check-In/Staging

Check-in for field events will be at the event site and will take place at least 30 minutes prior to the start of the event. Check-in for running events will take place at the clerking tent located inside the main gate at least 30 minutes prior to the start of the event.

College Meet Schedule

Thursday - March 23

2:00 pm	Hammer (Women, followed by Men)
5:00 pm	Pole Vault (Women, followed by Men)
	Long Jump (Women, followed by Men)
	Shot Put (Women, followed by Men)
	High Jump (Women, followed by Men)
7:00 pm	200m Dash (Women)
7:15 pm	200m Dash (Men)
8:00 pm	5,000m Run (Women)
8:30 pm	5,000m Run (Men)

Friday - March 24

Field Events

10:30 am	Discus (Women, followed by Men)
1:00 pm	Triple Jump (Women, followed by Men)
	Javelin (Women, followed by Men)

Running Events

12:00 pm	100m HH (Women)
12:10 pm	110m HH (Men)
12:25 pm	800m Run (Women)
12:40 pm	800m Run (Men)
12:50 pm	4x100m Relay (Women)
12:55 pm	4x100m Relay (Men)
1:00 pm	400m Dash (Women)
1:15 pm	400m Dash (Men)
1:30 pm	100m Dash (Women)
1:45 pm	100m Dash (Men)
2:00 pm	400m Hurdles (Women)
2:05 pm	400m Hurdles (Men)
2:10 pm	1,500m Run (Women)
2:20 pm	1,500m Run (Men)
2:35 pm	4x400m Relay (Women)
2:50 pm	4x400m Relay (Men)
3:00 pm	Alumni Recognition
3:20 pm	FSU T&F Senior Recognition

Final Schedule: The schedule above is subject to change. A detailed final schedule, once all entries have been confirmed, along with heats/flights will be posted Wednesday at [seminoles.com](#).

Registration Deadline:
Monday, March 20 at 5:00 p.m.

Practice Times

Practice will be held on Thurs. March 23rd, from 8 a.m. to 1 p.m. To schedule additional practice time on Wednesday (Mar. 22) contact Dillon Yearby at dy22@fsu.edu by 4:30 p.m. on Monday, March 20th.

Implement Inspection

Implement inspection will take place at 12:00 p.m. on Thursday, March 23rd and at 8:30 a.m. on Friday, March 24th. Implements will need to be checked in at the storage building adjacent to the shot-put area at the northwest corner of the track.

Officiating

The **TLH Track & Field Officials Association, Inc.** will be in charge of the meet. Official times and order of finish for all races will be determined by the contracted timing company. Field events judges will measure, record and post results in metric for all competitors, with corresponding feet-and-inch results posted on performance boards for spectators.

Timing

Prime Time Timing [ptiming.com](#) returns to fulfill all the timing needs. A live results link, to include all field events, will be provided in advance of the meet.

Protests

Protests must be filed in writing at the clerk's tent within 30 minutes of the conclusion of the event following the incident or decision. A \$50 fee will be charged for all protests.

Warm-Up Area

All warm-ups must be conducted on the grass practice field adjacent to the track to the west.

Athletic Trainers

Tents for athletic trainers will be set up within the warm-up area adjacent to the track. Schools seeking additional information should contact FSU Track & Field Athletic Trainer Logan Speicher at Lspeicher@fsu.edu